

Survival of the Fittest

Investing in your company's future yields strong returns

At the Wisconsin Athletic Club, we believe that all companies, regardless of size, can benefit from a customized Wellness Program. The goal of our Corporate Wellness Program is to provide your staff with the maximum amount of information, motivation and enthusiasm to adopt and maintain a healthy, active lifestyle...for the long term.

We offer a wide range of fitness and nutrition services including our popular Lunch & Learn seminar series, ergonomic assessments for the workplace, health fairs and wellness challenges, and even designing, equipment purchasing, and staffing of your on-site fitness facility. We invite you to visit our website (www.thewac.com/corporatewellness) for an expanded listing of our Corporate Wellness services and options.

Since 1976 the Wisconsin Athletic Club has been the largest and most respected privately owned athletic club in Wisconsin. Our health and fitness programs have been honored nationally and endorsed locally with over 200 corporate wellness affiliations. Northwestern Mutual selected the Wisconsin Athletic Club to manage their corporate fitness

center with on-site staffing and services. Froedtert Hospital & The Medical College of Wisconsin has also chosen the WAC as their fitness provider for more than ten years, and they continue to reap the rewards.



Nick Neitzel

The benefits to your company are numerous...reduced absenteeism, higher productivity, better morale... and have been proven to positively impact your bottom line. The WAC Corporate Wellness Program also features reduced membership rates/activation fees and attractive month-to-month plans for your employees. And, with our longevity in business and experience in working with companies like yours, we can launch your program without any extra burden to your human resource or management staff.

For a complimentary consultation or to get started today, please

contact Nick Neitzel at 414.328.1300 or email corporatewellness@thewac.com. We will discuss your needs, offer options, answer any questions, and provide a customized recommendation. We look forward to working with you!