



# Specialty

## TRY•IT WEEK

April 25-30

*Try Something New!*

Take a complimentary 30 minute sneak peak of our upcoming Specialty Classes!

### Monday, April 25

4:30pm **Tween Ballet & Jazz** with Sarah Bromann

### Tuesday, April 26

7:00pm **Cardio Combat** with Estevan Garza

### Wednesday, April 27

9:30am **PiYo** with Janet Merk

6:30pm **Women on Weights** with Julie Taylor

7:00pm **Flirty Girl** with Sarah Bromann

### Thursday, April 28

8:30am **Transform** with Sarah Bromann

4:45pm **Little Dancin' Machines** with Sarah Bromann

6:00pm **Prenatal Yoga** with Heather Eiden



### Saturday, April 30

2:30pm **Beginner Yoga** with Becca Raffel

Cost: Complimentary

No sign-up is needed, although space is limited. First come, first serve.

Specialty Classes begin the week of Sunday, May 1.

See Concierge schedule for more details.

**North Shore**

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