

kidz in shape

Get fit. Have fun!

Kidz In Shape is a brand new children's fitness center located within the West Allis facility of the Wisconsin Athletic Club. Kidz In Shape is open to children ages 6 -12 years old and features high-tech, specially designed exercise equipment just for kids. This state of the art equipment was designed for your child to get a safe, effective workout all while having fun! We even have Playstation-driven game bikes. Kidz In Shape is directly adjacent to our Kids' Clubhouse in a supervised setting to ensure safety. The hours of operation are 4-8pm M-F and 8am -12:30pm on Saturdays and 9 – noon on Sundays. Kidz In Shape - where getting in shape is serious fun!



*Kidz In Shape is available at
NO ADDITIONAL COST for
all children who are listed on a
WAC membership.*

www.thewac.com

