



MENOMONEE FALLS

OUTDOOR WATER SCHEDULE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY
ADULT SWIM 4:00am-9:15am	ADULT SWIM 4:00am-5:15am	ADULT SWIM 4:00am-10:00am	ADULT SWIM 4:00am-9:00am
WATER BOOT CAMP ★ 9:15am-10:00am	WATER ★ 5:15am-6:10am	AQUA ZUMBA® ★ 10:00am-10:55am	TABATA IN THE POOL ★ 9:00am-9:45am
WATER ★ 10:15am-11:10am	ADULT SWIM 6:10am-9:15am	OPEN SWIM 11:00am-5:00pm	WATER ★ 10:00am-10:55am
ADULT SWIM 11:15am-2:00pm	WATER POWER ★ 9:30am-10:25am	TABATA IN THE POOL ★ 5:10pm-5:55pm	OPEN SWIM 11:00am-4:00pm
OPEN SWIM 2:00pm-6:00pm	OPEN SWIM 10:30am-7:00pm	AQUA ZUMBA® ★ 6:00pm-6:55pm	ADULT SWIM 4:00pm-8:00pm
AQUA ZUMBA ★ 6:15pm-7:10pm	ADULT SWIM 7:00pm-8:00pm	ADULT SWIM 7:00pm-8:00pm	
ADULT SWIM 7:15pm-8:00pm			
FRIDAY	SATURDAY	SUNDAY	CLUB PUB HOURS
ADULT SWIM 4:00am-9:30am	ADULT SWIM 6:30am-8:00am	ADULT SWIM 6:30am-10:00am	Mondays • 11am-4pm
AQUA ZUMBA® ★ 9:30am-10:25am	WATER POWER ★ 8:00am-8:55am	OPEN SWIM 10:00am-3:00pm	Tuesday • 12-8pm
WATER POWER ★ 10:40am-11:35am	AQUA ZUMBA® ★ 9:05am-10:00am	ADULT SWIM 3:00pm-5:00pm	Wednesday Closed
ADULT SWIM 11:35am-3:00pm	ADULT SWIM 10:00am-12:00pm		Thursday • 12-8pm
OPEN SWIM 3:00pm-7:00pm	OPEN SWIM 12:00pm-5:00pm		Friday • 1-6pm
			Saturday & Sunday 10am-3pm

★ Indicates No Swimming the pool is reserved for classes.
 Outdoor Classes will be moved indoors during inclement weather.
 Pool temperature must be at least 70°F to be open.
 Sign up for workshops on WAC+
 Sign up for complimentary group fitness classes on the WAC App
 Lap lanes will be removed for the day 10 minutes prior to the first class of the day.

JULY

OUTDOOR POOL WORKSHOPS

Turbulent Aqua Circuits
 Saturday, July 6 • 10:15-11:30am

Swift Spin *Open Swim available*
 Sunday, July 7 • 11am-12pm

Live Acoustic Yoga Deckside
Adult Swim available
 Thursday, July 11 • 6-7:30pm

Aqua Barre
 Tuesday, July 16 • 6-7pm

Poolside Yoga
Adult Swim available
 Wednesday, July 17 • 7-8pm

Boy Band Beats
 Sunday, July 21 • 11am-12pm

Water Games Challenge
 Thursday, July 25 • 5:45-6:45pm

COMPLIMENTARY CLASS	OPEN SWIM	ADULT SWIM
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Menomonee Falls

N91W15700 Falls Pkwy

262.255.5700

www.thewac.com