



WATER SCHEDULE

MAY - JUNE

EXERCISE POOL					TOTAL LENGTH = 20 YARDS • 44 LAPS (88 LENGTHS) = 1 MILE					87°F				
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
ADULT SWIM 4:00am-9:00am		ADULT SWIM 4:00am-5:15am		ADULT SWIM 4:00am-10:00am		ADULT SWIM 4:00am-8:55am		ADULT SWIM 4:00am-9:30am						
WATER BOOTCAMP 🌧️★● 9:15am-10:10am		WATER 🌧️★ 5:15am-6:10am		AQUA ZUMBA® 🌧️★ 10:00am-10:55am		TABATA IN THE POOL 🌧️★● 9:00am-9:45am		AQUA ZUMBA® 🌧️★ 9:30am-10:25am						
WATER 🌧️★ 10:30am-11:25am		ADULT SWIM 6:10am-11:00am		OPEN SWIM 11:00am-4:00pm		WATER ★ 10:00am-10:55am		WATER POWER 🌧️★ 10:40am-11:35am						
SWIM LESSONS ★● 12:05pm-12:35pm		JOINT EFFORT ★ 11:00am-11:55am		SWIM LESSONS ★● 4:00pm-5:05pm		OPEN SWIM 11:00am-4:00pm		ADULT SWIM 11:35am-1:00pm						
OPEN SWIM 1:00pm-6:00pm		OPEN SWIM 12:00pm-4:00pm		TABATA IN THE POOL 🌧️★● 5:10pm-5:55pm		ADULT SWIM 4:00pm-5:00pm		OPEN SWIM 1:00pm-7:00pm						
AQUA ZUMBA® 🌧️★ 6:30pm-7:25pm		SWIM LESSONS ★● 4:30pm-7:00pm		AQUA ZUMBA® 🌧️★ 6:00pm-6:55pm		SWIM LESSONS ★● 5:10pm-7:10pm		CLOSED FOR CLEANING 7:00pm-8:00pm						
ADULT SWIM 7:30pm-8:30pm		ADULT SWIM 7:15pm-8:30pm		ADULT SWIM 7:00pm-8:30pm		ADULT SWIM 7:15pm-8:30pm								

SATURDAY		SUNDAY	
ADULT SWIM 6:30am-8:00am		ADULT SWIM 6:30am-8:25am	
WATER 🌧️★ 8:00am-8:55am		WATER YOGA 🌧️★ 8:30am-9:15am	
AQUA ZUMBA® 🌧️★ 9:05am-10:00am		ADULT SWIM 9:30am-11:00am	
SWIM LESSONS ★● 10:10am-11:55am		OPEN SWIM 11:00am-4:30pm	
OPEN SWIM 12:00pm-4:00pm		ADULT SWIM 4:30pm-5:30pm	
ADULT SWIM 4:00pm-5:30pm			

NOTES

- ★ Indicates **No Swimming** – the pool is reserved for classes.
- Indicates that registration and/or additional fee may apply.
- ▲ Adult Swim with limited lane availability for Swim Lessons.
- 🌧️ In case of inclement weather, pool will be used for classes at this time.

Private swim lessons may occur during Open and Adult Swim in both the Exercise and Lap Pool.

Register for classes through the WAC App.

During break weeks, swim lesson times will be Open Swim

Outdoor pool classes begin in June. Please see Memorial Day Holiday Weekend Hours for pool times.

POOL WORKSHOPS

Friday, May 13 • 6-7pm - Aqua Trifecta with Cindy Exercise Pool
 Sunday, May 22 • 10-10:45am - Glide Fit with Danyel Lap Pool
 Tuesday, June 14 • 3-3:45pm - Staff Workshop with Cindy Exercise Pool
 Friday, June 17 • 6-7pm - Poolates with Cindy Outdoor Pool

LAP POOL					TOTAL LENGTH = 25 YARDS • 35 LAPS (72 LENGTHS) = 1 MILE					80°F				
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY						
ADULT SWIM 4:00am-8:30pm		ADULT SWIM 4:00am-10:00am		ADULT SWIM 4:00am-8:30pm		ADULT SWIM 4:00am-5:45am		ADULT SWIM 4:00am-7:00pm						
		ADULT LEARN TO SWIM ●▲ 10:00am-11:00am				GLIDE FIT ★● 5:45am-6:40am		CLOSED FOR CLEANING 7:00pm-8:00pm						
		ADULT SWIM 11:00am-5:00pm				ADULT SWIM 7:00am-8:30pm								
		ADULT LEARN TO SWIM ●▲ 5:00pm-6:00pm												
		ADULT SWIM 6:00pm-8:30pm												
						SATURDAY		SUNDAY						
						ADULT SWIM 6:30am-5:30pm		ADULT SWIM 6:30am-4:30pm						
								SWIM CLUB ★● 4:30pm-5:30pm						