



WATER SCHEDULE

MAY-JUNE

EXERCISE POOL		TOTAL LENGTH = 20 YARDS • 44 LAPS (88 LENGTHS) = 1 MILE			87°F
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	
ADULT SWIM 4:00am-9:00am	ADULT SWIM 4:00am-5:00am	ADULT SWIM 4:00am-9:45am	ADULT SWIM 4:00am-8:45am	ADULT SWIM 4:00am-9:15am	
WATER BOOT CAMP* ★● 9:15am-10:10am	WATER ★ 5:15am-6:10am	AQUA ZUMBA® ★ 10:00am-10:55am	TABATA IN THE POOL ★● 9:00am-9:45am	AQUA ZUMBA® ★ 9:30am-10:25am	
WATER ★ 10:15am-11:10am	ADULT SWIM 6:10am-9:15am	OPEN SWIM 11:00am-4:15pm	WATER ★ 10:00am-10:55am	WATER POWER ★ 10:40am-11:35am	
ADULT SWIM 11:30am-2:00pm	WATER POWER ★ 9:30am-10:25am	SWIM LESSONS ★● 4:25pm-5:05pm	OPEN SWIM 11:00am-4:30pm	ADULT SWIM 11:35am-3:00pm	
SWIM LESSONS* ● 12:00pm-12:30pm	JOINT EFFORT ★ 11:00am-11:55am	TABATA IN THE POOL ★● 5:10pm-5:55pm	SWIM LESSONS ★● 4:45pm-7:10pm	OPEN SWIM 3:00pm-7:30pm	
OPEN SWIM 2:00pm-6:15pm	OPEN SWIM 12:00pm-4:00pm	AQUA ZUMBA® ★ 6:00pm-6:55pm	ADULT SWIM 7:15pm-8:30pm	POOL WORKSHOPS - JUNE WORKSHOPS WILL OCCUR IN THE OUTDOOR POOL UNLESS THERE IS INCLEMENT WEATHER. Cinco de Mayo Aqua Zumba Friday, May 3 • 5:45-6:45pm Vacation Swim Safety Saturday, May 18 • 2-3pm Aqua Barre Sunday, May 19 • 3-4pm Swim Stoke Analysis (LP) Wednesday, May 22 • 6-7am S'WET Saturday May 25 • 10:15-11:15am Aqua Trifecta Thursday June 6 • 5:45-6:45pm Youth Gym and Swim Thursday June • 5:30-6:15pm Swim Stroke Analysis (LP) Saturday, June 15 • 10:30-11:30am Poolside Barre Fusion Thursday, June 20 • 5:30-6:30pm Aqua Barre Sunday, June 23 • 3-4pm Snap Crackle Aqua Zumba Thursday June 27 • 5:45-6:45pm (LP) - Indoor Lap Pool	
SWIM LESSONS* ● 4:30pm-6:15pm	SWIM LESSONS ★● 4:30pm-7:00pm	ADULT SWIM 7:00pm-8:30pm			
AQUA ZUMBA® ★ 6:15pm-7:10pm	ADULT SWIM 7:00pm-8:30pm				
ADULT SWIM 7:15pm-8:30pm					
SATURDAY	SUNDAY				
ADULT SWIM 6:30am-7:45am	ADULT SWIM 6:30am-8:15am				
WATER POWER ★ 8:00am-8:55am	WATER YOGA ★ 8:30am-9:15am				
AQUA ZUMBA® ★ 9:05am-10:00am	ADULT SWIM 9:30am-11:00am				
SWIM LESSONS ★● 10:10am-12:00pm	OPEN SWIM 11:00am-3:00pm				
OPEN SWIM 12:00pm-4:30pm	ADULT SWIM 3:00pm-5:30pm				
ADULT SWIM 4:30pm-5:30pm	SWIM LESSONS ● 4:00pm-5:05pm				
NOTES					
★ Indicates No Swimming – the pool is reserved for classes.					
★ These classes will be moving into the Outdoor Pool beginning May 25 but will occur inside in the case of inclement weather.					
● Indicates that registration and/or additional fee may apply. Sign up on the WAC+ App					
▲ Adult Swim with limited lane availability for Swim Lessons.					
Private swim lessons may occur during Open and Adult Swim in both the Exercise and Lap Pool.					
Register for classes through the WAC App.					
*Swim lessons will be smaller; Adult Swim and Open Swim will still be taking place during these times.					
During break weeks, swim lesson times will be Open Swim					

LAP POOL					TOTAL LENGTH = 25 YARDS • 35 LAPS (72 LENGTHS) = 1 MILE					80°F	
MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY			
ADULT SWIM 4:00am-5:30pm		ADULT SWIM 4:00am-8:30pm		ADULT SWIM 4:00am-6:00am		ADULT SWIM 4:00am-5:45am		ADULT SWIM 4:00am-7:30pm			
SWIM CLUB ★● 5:30pm-6:30pm				ADULT LEARN TO SWIM ★● ADVANCED 6:00am-7:00am		GLIDE FIT ★● 5:45am-6:40am					
ADULT SWIM 6:30pm-8:30pm				ADULT SWIM 7:00am-8:30pm		ADULT SWIM 7:00am-8:30pm					
ADULT LEARN TO SWIM ★● 6:00pm-7:00pm						SWIM LESSONS ▲● 6:30pm-7:10pm					
SATURDAY		SUNDAY									
ADULT SWIM 6:30am-5:30pm		ADULT SWIM 6:30am-5:30pm									