



WATER SCHEDULE

INDOOR POOL TOTAL LENGTH = 25 YARDS • 35 LAPS (70 LENGTHS) = 1 MILE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
ADULT SWIM 4:30am-12:00pm	ADULT SWIM 4:30am-2:00pm	ADULT SWIM 4:30am-11:00am	ADULT SWIM 4:30am-2:00pm	ADULT SWIM 4:30am-3:00pm	ADULT SWIM 6:30am-12:30pm	ADULT SWIM 6:30am-11:45am
WATER ▲ 10:00am-10:55am	FIT SWIM ▲● 5:30am-6:30am	WATER ▲ 10:00am-10:55am	WATER ▲ 6:00am-6:55am	AQUA ZUMBA® ▲ 10:00am-10:45am	AQUA ZUMBA® ▲ 9:00am-9:45am	WATER ▲ 10:00am-10:55am
OPEN SWIM 12:00pm-2:00pm	WATER ▲ 9:00am-9:45am	OPEN SWIM 11:00am-2:00pm	WATER ▲ 9:00am-9:55am	OPEN SWIM 3:00pm-8:00pm	SWIM LESSONS ▲● 10:00am-12:30pm	WATER YOGA ▲ 11:00am-11:45am
ADULT SWIM 2:00pm-6:30pm	OPEN SWIM 10:00am-4:00pm	ADULT SWIM 2:00pm-7:00pm	OPEN SWIM 2:00pm-5:00pm		OPEN SWIM 12:30pm-2:00pm	OPEN SWIM 11:45am-2:00pm
WATER ▲ 5:30pm-6:25pm	ADULT SWIM 4:00pm-8:00pm	WATER POWER ▲ 6:00pm-6:55pm	SWIM LESSONS ▲● 5:00pm-6:00pm		ADULT SWIM 2:00pm-6:00pm	ADULT SWIM 2:00pm-6:00pm
OPEN SWIM 6:30pm-9:00pm	SWIM LESSONS ▲● 5:15pm-7:25pm	OPEN SWIM 7:00pm-9:00pm	AREA RESERVED 5:00pm-6:00pm			
	CLOSED FOR CLEANING 8:00pm-9:00pm		ADULT SWIM 6:00pm-9:00pm			
			WATER ▲ 6:15pm-7:00pm			
			WATER YOGA ▲ 7:00pm-7:45pm			

NOTES

- Indicates that registration and/or additional fee may apply.
- ▲ Adult Swim with limited lane availability for Swim Lessons. Private swim lessons may occur during Open and Adult Swim. Register for classes through the WAC App or visit thewac.motionvibe.com
- ★ Indicates No Swimming – the pool is reserved for classes.

JANUARY-FEBRUARY