

GROUP FITNESS

SAFETY & SOCIAL DISTANCING

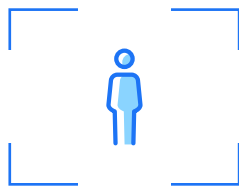
We believe that the group fitness room, when set up properly, can provide the best environment to keep Members safely distanced with more space than the recommended six feet of social distancing currently recommended by the CDC. In addition, participants will have their own designated equipment for the entire experience, creating a controlled, safe space.

WELCOME TO CLASS



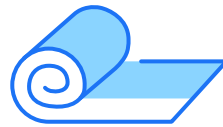
Confirm Your Registration

Confirm your spot at the Front Desk at least 10 minutes before class.



Find your space

Find an open floor marker to use as your personal exercise space.



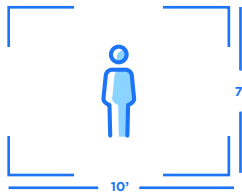
Set up your equipment

Set up the equipment you need for class. Cleaning products are available if needed.



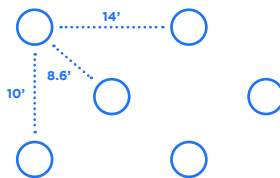
Bring a full water bottle

HERE'S THE MATH



Room to Move

We have provided each member a space of at least 10 feet wide and 7 feet front to back.



Staggered Spacing

Each row is staggered so there is at least 8.6 feet between one marker and another.

DURING CLASS



More Supplies

Each studio is equipped with additional cleaning supplies.



Avoid Contact

Please avoid handshakes, hugs and high-fives with Members and Instructors.

THANKS FOR COMING



Clean & Return Your Equipment

Please clean and return your equipment to the appropriate location.



Buffer Times

Our schedule provides 15-30-minute buffer times between each class to allow for proper cleaning and sanitization.



Additional Cleaning

WAC Team Members will clean the equipment and room, following all Safe Work Playbook and CDC guidelines throughout the day.



Wisconsin Athletic Club