



# WATER SCHEDULE

## MAY-JUNE

### EXERCISE POOL

TOTAL LENGTH = 25 YARDS • 35 LAPS (70 LENGTHS) = 1 MILE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ADULT SWIM</b> 5:00am-8:00am	<b>ADULT SWIM</b> 5:00am-8:30am	<b>ADULT SWIM</b> 5:00am-7:30am	<b>ADULT SWIM</b> 5:00am-11:00am	<b>ADULT SWIM</b> 5:00am-9:00am
<b>WATER POWER ★</b> 8:15am-9:10am	<b>OPEN SWIM</b> 8:30am-4:00pm	<b>WATER POWER ★</b> 7:30am-8:25am	<b>OPEN SWIM</b> 11:00am-4:00pm	<b>OPEN SWIM</b> 1:00pm-4:00pm
<b>ADULT SWIM</b> 9:30am-1:30pm	<b>ADULT SWIM</b> 4:00pm-5:30pm	<b>ADULT SWIM</b> 8:30am-12:00pm	<b>ADULT SWIM</b> 4:00pm-7:00pm	<b>ADULT SWIM</b> 4:00pm-5:00pm
<b>OPEN SWIM</b> 1:30pm-4:30pm	<b>WATER POWER ★</b> 5:30pm-6:25pm	<b>OPEN SWIM</b> 12:00pm-4:00pm	<b>OPEN SWIM</b> 7:00pm-10:00pm	<b>SWIM LESSONS ●★</b> 5:00pm-6:30pm
<b>ADULT SWIM</b> 4:30pm-7:00pm	<b>ADULT SWIM</b> 6:30pm-8:00pm	<b>SWIM LESSONS ●★</b> 4:15pm-6:30pm		<b>OPEN SWIM</b> 6:30pm-9:00pm
<b>OPEN SWIM</b> 7:00pm-10:00pm	<b>OPEN SWIM</b> 8:00pm-10:00pm	<b>OPEN SWIM</b> 6:30pm-10:00pm		

SATURDAY	SUNDAY
<b>ADULT SWIM</b> 6:30am-8:30am	<b>ADULT SWIM</b> 6:30am-11:00am
<b>SWIM LESSONS ●★</b> 9:45am-11:55am	<b>OPEN SWIM</b> 11:00am-4:30pm
<b>OPEN SWIM</b> 12:00pm-4:30pm	

### NOTES

★ Indicates the pool is reserved for classes. **We strive to keep our lap lanes open during Swim Lessons and Classes, but only for Adult usage.**

● Indicates that registration and additional fee may apply.

We reserve the right to schedule Private and/or Semi-private swim lessons during both Open Swim and Adult Swim

Register for classes through the WAC App or visit [thewac.motionvibe.com](http://thewac.motionvibe.com)