# PICKLEBALL

Wisconsin Athletic Club FIND YOUR FIT.



#### NEW TO PICKLEBALL LEVELS 1.0-2.0

A player who is just starting to play pickleball. Learning the rules and scoring.

#### **BEGINNER** LEVELS 2.5

A player who has limited experience and can sustain a short rally. Has a grasp for rules and scoring.

BEGINNER/ INTERMEDIATE LEVELS 3.0

A player who understands fundamentals and court positioning. Complete understanding of scoring and match play.

INTERMEDIATE Levels 3.5 A player who can acknowledge the difference between a hard game and soft game. They move quickly to the kitchen line. Starting to incorporate higher level strategies and tactics.

INTERMEDIATE/ ADVANCED LEVELS 4.0 A player who is able to identify and attack their opponents' weaknesses. They are aware of their partners' position on the court and are able to move as a team.

ADVANCED LEVELS 4.5

EXPERT

LEVELS 5.0+

A player who understands strategy and has good footwork. They are able to communicate and move well with their partner.

A player who has mastered pickleball strategies. They have efficient footwork and can easily adjust their game to their opponents' strengths and weaknesses. Rarely make unforced errors.

#### PICKLEBALL OPEN PLAY Members only

All levels welcome. Refer to the gym schedule for specific days and times. Times can vary from month to month. \*Please note that open pickleball cannot take place during 'open gym' times. Fee: \$0 member

#### **COURT RESERVATIONS** Members only

Reservation times are for members to book a private pickleball court with up to four members. Reservations can be booked a week and an hour in advance through WAC+

Fee: \$20 per hour

#### **PRIVATE LESSONS**

Members and non-members can participate in private lessons with a pro. These can be set up once a week at the same time for a duration of your choice or as a one-time lesson. Pickleball pros are either USPTA or PPR Certified.

#### **PICKLEBALL LESSON RATES**

Each rate is per lesson and per person. Additional \$10 to each cost for non-members.

Time	Private	Semi-Private
30-Minute Lesson	\$30.00	\$18.00 each
60-Minute Lesson	\$55.00	\$33.00 each
90-Minute Lesson	\$83.00	\$49.00 each

#### LEAGUES

Doubles play for 2 hours. We offer **Rotating Partner** leagues (new partner each match). You may choose to sign up as a regular player or a sub. Each session is 7 weeks long following the Premium Class Schedule.

Register on the WAC+ app. Fee: \$65 member | \$100 non-member

#### TOURNAMENTS

Tournaments will be round-robin or bracket format based on the number of participants entered in each level. Tournaments are one-day events. *Register on the WAC+ app.* **Fee: Varies on tournament** 

#### **DRILL AND PLAYS**

Drill and plays are offered for players new to pickleball through Intermediate level players. To see the drill and play schedule and to register, visit the WAC+ app. **Fee: Varies on length of drill** 



# PICKLEBALL DRILL AND PLAY PROGRESSION

# **INTRO TO PICKLEBALL**

How to play a match from start to finish. Includes learning the scoring system, all the rules and terminology, with a goal of playing a match on your own by the end of the class.

### **BEGINNER DRILL**

Players should be somewhat confident in the scoring system and all basic rules of pickleball. All necessary shots will be introduced and practiced, along with some basic strategy ideas.

# **BEGINNER/INTERMEDIATE DRILL**

The scoring and rules of pickleball should be fully understood for this group. Players should be able to execute the 3rd drop shot and comfortable playing in faster paced competition.

## **INTERMEDIATE DRILL**

The scoring and rules of pickleball should be fully understood for this group. Players should be confident in executing the basic skills (dinking, volleys, serving, returning) and be ready to begin learning strategy and more competitive situations.