

GENERAL INFORMATION

- SESSION LENGTH**
Swim Lesson sessions run for seven weeks.
- CLASS SIZE**
It is common practice for most levels to have a ratio of 6:1 students to instructor. However, the ratio of class participants to instructor will vary on the club, the level being taught and experience of the students. Please talk to the club's Aquatics Team Lead for specifics.
- STUDENT ABSENCE**
If you are unable to make your scheduled swim class, please take advantage of the open-swim pool times to swim with your child and help them practice their current class skills. Credit will be given to students missing 50% or more of scheduled classes due to medical illness only. Credits can be applied to registration in future swim programs.
- *FEE**
\$60 for Members and \$95 for Non-Members
To qualify for the member rate, the child must be on the membership for the entire session.

- REGISTRATION**
Registration is taken at the location you will attend classes and is first-come, first-serve. Payment must accompany registration to ensure your spot. Please see inside for more details.
- PRIVATE AND SEMI-PRIVATE**
WAC offers Private Swim Lessons for all ages and abilities. If you want to learn how to swim, or just want to sharpen your skills, this might be right for you. Lessons are 30 or 60 minutes in length and can be scheduled at your convenience. Semi Private groups of only two or three will focus on what the group of individuals desire to learn.
- WHIRLPOOL**
No one under 6 years of age allowed in the whirlpool. Children 6-12 years must be supervised by an adult.

SWIM LESSON REGISTRATION

Please print.

Name _____ Age _____ Class Level _____ Day _____ Time _____ Fee _____

Address _____

City/Zip _____

Parent's Name _____

Phone _____ Email _____

Member Non-Member Location _____

May | June Session Total amount Paid* \$ _____

First Time Participant Yes No Change in Address Yes No



MAY | JUNE

REGISTRATION BEGINS:

MEMBER
Monday, April 15, 2019



NON-MEMBER
Tuesday, April 16, 2019

- PARENT/TOT • 30 Minutes**
A parent must accompany child in the water. Children will learn to adjust to the water and do supported movements.
- PRESCHOOL • 30 Minutes**
Preschool is a step up from Parent/Tot. Children will learn water exploration. If you wish to accompany your child in the water, please get approval with the Aquatics Team Lead prior to the beginning of lessons. Children should be 3 years old to begin.
- PRESCHOOL PLUS • 30 Minutes**
Parents are not required to accompany children. Children will learn independent movements and prepare for Level 1.
- LEVEL 1 - Water Exploration • 40 Minutes**
Children will learn face submersion, unsupported floating, kicking and safety. Children should be five years old to begin Level 1.
- LEVEL 2 - Primary Skills • 40 Minutes**
Children will gain increased independence, learn rhythmic breathing, back crawl and turning over.
- LEVEL 3 - Stroke Readiness • 40 Minutes**
Children will improve front crawl, learn elementary backstroke and treading water.
- LEVEL 4 - Stroke Development • 40 Minutes**
Children will learn breaststroke, sidestroke, turns at the wall and increased endurance.
- YOUTH SWIM CLUB • 55 Minutes**
Our WAC Swim Club is for advanced swimmers needing to improve their endurance and stroke development.
- ADAPTIVE SWIM LESSONS • 40 Minutes**
In this class designed for students with special needs, parents and students will work with the instructor to learn basic swimming and safety skills in the water.

Wisconsin Athletic Club

www.thewac.com

MAY | JUNE SWIM LESSONS

WEST ALLIS

Registration may be taken in person or by phone.

Tuesday

5:00pm Preschool/
Preschool+
5:35pm Level 1

Saturday

9:30am Parent/Tot
10:05am Level 1
10:05am Level 2
10:50am Preschool
10:50am Level 3
11:25am Preschool+
11:35am Level 4

GREENFIELD

Registration may be taken in person or by phone.

Tuesday

5:15pm Level 1
6:00pm Level 2
6:45pm Level 3/4

Thursday

5:00pm Swim Club

Saturday

10:00am Parent/Tot
10:35am Preschool
10:35am Preschool+
11:10am Preschool+
11:10am Level 1
11:55am Level 2/3

WAUWATOSA

The Wauwatosa Poolside Locker/Changing Room renovation begins in May!

We are expanding the area to include 6 new changing rooms.

As a result, we will not be offering May/June Swim Lessons as usual. We apologize for the interruption and invite you to explore these options offered by our talented Aquatics Team:

- Swim Club in the Lap Pool
- Open Swim (limited)
- Private One-on-One Instruction
- Group Lessons at one of the other locations listed here

Our Aquatics Team Lead, Eva Clemens, has a full roster of Instructors available for consultation and private instruction. For more information, please contact Eva at 414.443.5000 or eclemens@thewac.com

MAY | JUNE SWIM LESSONS

NORTH SHORE

Registration may be taken in person or by phone.

Sunday

4:00pm Parent/Tot
4:35pm Preschool
5:10pm Preschool+
5:45pm Level 1

Tuesday

4:00pm Level 1
4:30pm Preschool+
4:45pm Level 2
5:05pm Preschool
5:15pm Swim Club
 in the Lap Pool
5:30pm Level 1
5:40pm Preschool+

Wednesday

4:00pm Level 1
4:20pm Preschool
4:45pm Level 2
4:55pm Preschool+
5:30pm Level 1
5:30pm Level 3

Thursday

4:00pm Level 1
4:20pm Preschool+
4:45pm Level 3
4:55pm Preschool
5:30pm Level 2
5:30pm Level 4
 in the Lap Pool

Friday

10:30am Parent/Tot
11:05am Preschool
11:40am Preschool+

Saturday

*9:30am Parent/Tot
*10:00am Level 1
*10:05am Preschool
*10:40am Preschool+
*10:45am Level 2
*11:15am Preschool
*11:30am Level 3
*11:50am Preschool+
*12:15pm Level 4
 in the Lap Pool

MEMOMONEE FALLS

For the first 2 days of sign-up, registration must be made in person. After day 2, registration may also be taken by phone.

Tuesday

8:50am Preschool
9:25am Parent/Tot
5:15pm Preschool
5:15pm Level 1
5:45pm Preschool+
5:45pm Level 4
 in the Lap Pool
6:00pm Parent/Tot
6:20pm Preschool+
6:20pm Level 1
6:30pm Level 2
6:30pm Level 3

Wednesday

4:30pm Preschool
4:30pm Level 1
5:05pm Level 2
5:15pm Preschool+

Thursday

5:00pm Adaptive Swim
5:45pm Parent/Tot
5:45pm Preschool
5:45pm Level 3
6:20pm Preschool+
6:30pm Level 2
6:30pm Level 4
 in the Lap Pool
6:30pm Swim Club
 in the Lap Pool

Saturday

10:10am Parent/Tot
10:10am Preschool
10:10am Level 3
10:45am Preschool+
10:45am Level 1
11:35am Level 2

BROOKFIELD

Registration must be made in person.

Sunday

4:00pm Parent/Tot
4:00pm Swim Club
 in the Lap Pool
4:35pm Preschool
5:10pm Preschool+
5:45pm Level 1
6:30pm Level 2
6:30pm Level 3

Tuesday

10:30am Preschool
11:00am Preschool+
4:30pm Level 2
4:30pm Level 3
5:15pm Level 1
5:15pm Swim Club
 in the Lap Pool

Wednesday

4:45pm Level 2
4:45pm Level 3
5:30pm Preschool
5:30pm Level 1
6:00pm Preschool+

Thursday

4:10pm Preschool
4:45pm Level 1
4:45pm Level 2
4:45pm Level 3
5:30pm Preschool+
5:30pm Level 4
 in the Lap Pool

Saturday

9:05am Level 4
 in the Lap Pool
9:15am Parent/Tot
9:50am Preschool
10:20am Level 1
11:00am Level 2
11:00am Level 3
11:45am Preschool+

Classes begin the week of
Sunday, May 5, 2019

**North Shore Saturday Lessons will begin on Saturday May 4.*

