



# WATER SCHEDULE

## JANUARY-FEBRUARY

EXERCISE POOL							TOTAL LENGTH = 14 YARDS • 64 LAPS (128 LENGTHS) = 1 MILE	86-88°F
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
ADULT SWIM 4:00am-5:25am	ADULT SWIM 4:00am-5:25am	ADULT SWIM 4:00am-5:40am	ADULT SWIM 4:00am-5:25am	ADULT SWIM 4:00am-7:25am	ADULT SWIM 6:30am-7:00am	ADULT SWIM 6:30am-8:25am		
WATER POWER ★ 5:30am-6:25am	WATER ★ 5:30am-6:25am	WATER POWER ★ 5:45am-6:40am	WATER ★ 5:30am-6:25am	WATER ★ 7:30am-8:25am	WATER POWER ★ 7:00am-7:55am	WATER ★ 8:30am-9:25am		
ADULT SWIM 6:30am-7:25am	ADULT SWIM 6:30am-7:25am	ADULT SWIM 6:45am-7:25am	ADULT SWIM 6:30am-7:25am	ADULT SWIM 8:30am-9:00am	ADULT SWIM 8:00am-9:00am	OPEN SWIM 9:30am-12:30pm		
WATER ★ 7:30am-8:25am	WATER ★ 7:30am-8:25am	WATER ★ 7:30am-8:25am	WATER ★ 7:30am-8:25am	WATER ★ 9:00am-9:55am	SWIM LESSONS ★● 9:00am-11:40am	FAMILY SWIM 12:30pm-4:00pm		
ADULT SWIM 8:30am-9:55am	ADULT SWIM 8:30am-9:25am	ADULT SWIM 8:30am-9:55am	ADULT SWIM 8:30am-10:30am	SWIM LESSONS ★● 10:00am-11:05am	FAMILY SWIM 11:45am-3:30pm	ADULT SWIM 4:00pm-6:30pm		
WATER ★ 10:00am-10:55am	SWIM LESSONS ★● 9:30am-11:00am	WATER ★ 10:00am-10:55am	FAMILY SWIM 10:30am-11:55am	OPEN SWIM 11:10am-1:00pm	ADULT SWIM 3:30pm-6:30pm			
ADULT SWIM 11:00am-11:55am	ADULT SWIM 11:00am-12:00pm	ADULT SWIM 11:00am-12:00pm	WATER ★ 12:00pm-12:55pm	ADULT SWIM 1:00pm-4:00pm				
WATER ★ 12:00pm-12:55pm	WATER ★ 12:00pm-12:55pm	WATER ★ 12:00pm-12:55pm	OPEN SWIM 1:00pm-4:00pm	FAMILY SWIM 4:00pm-7:30pm				
ADULT SWIM 1:00pm-3:30pm	OPEN SWIM 1:00pm-3:55pm	OPEN SWIM 1:00pm-3:55pm	SWIM LESSONS ★● 4:00pm-7:00pm					
FAMILY SWIM 3:30pm-5:00pm	SWIM LESSONS ★● 4:00pm-7:00pm	SWIM LESSONS ★● 4:00pm-5:25pm	ADULT SWIM 7:05pm-9:30pm					
ADULT SWIM 5:00pm-5:50pm	OPEN SWIM 7:05pm-7:30pm	AQUA ZUMBA® ★ 5:30pm-6:25pm						
ADULT LEARN TO SWIM ★ 6:00pm-7:00pm	ADULT SWIM 7:30pm-9:30pm	OPEN SWIM 6:30pm-8:30pm						
ADULT SWIM 7:00pm-9:30pm		ADULT SWIM 8:30pm-9:30pm						

**NOTES**

- ★ Indicates **No Swimming** – the pool is reserved for classes.
- Indicates that registration and/or additional fee may apply.

Private swim lessons may occur during Open and Adult Swim in both the Exercise and Lap Pool.

**Family Swim:** Special times dedicated for families with no swim lessons or adult single swim.

Register for classes through the WAC App or visit [thewac.motionvibe.com](http://thewac.motionvibe.com)

LAP POOL							TOTAL LENGTH = 25 YARDS • 35 LAPS (70 LENGTHS) = 1 MILE	80-82°F
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY		
ADULT SWIM 4:00am-9:30pm	ADULT SWIM 4:00am-9:30pm	ADULT SWIM 4:00am-4:55pm	ADULT SWIM 4:00am-6:30pm	ADULT SWIM 4:00am-7:30pm	ADULT SWIM 6:30am-7:55am	ADULT SWIM 6:30am-6:30pm		
		SWIM CLUB ★ 5:00pm-6:00pm	TRI-FIT ●★ 6:30pm-8:30pm		MASTER SWIM ★ 8:00am-9:30am			
		MASTER SWIM ★ 6:00pm-7:00pm	ADULT SWIM 8:30pm-9:30pm		SWIM CLUB ★ 10:00am-11:00am			
		ADULT SWIM 7:00pm-9:30pm			ADULT SWIM 11:00am-6:00pm			