

WAC WAUWATOSA
SMALL GYM

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	SUNDAY
8:00am-8:55am Step Fusion	9:00am-9:55am Pilates	9:30am-10:00am Kids' Clubhouse	9:00am-9:55am Pilates	8:30am-9:25am Yoga Flow	8:00am-8:55am Ringside	
9:15am-10:10am Interval	10:15am-11:10am Strength LITE	10:15am-11:10am Yoga LITE	10:15am-11:10am Yoga	9:30am-9:55am Kids' Clubhouse	9:30am-10:25am Strength	
5:00pm-5:45pm Ringside	7:00pm-9:00pm Private Group Event	12:15pm-12:45pm Core EXPRESS	6:00pm-6:55pm Zumba®	10:00am-10:55am Zumba Gold®		
6:00pm-6:55pm Zumba®		5:30pm-6:25pm Cardio Circuit	7:00pm-9:00pm Private Group Event	6:00pm-8:30pm Private Group Event		
		6:30pm-7:30pm Zumba®				

Rooms are available for open use unless scheduled for classes, events or other activities.

Please allow 5–10 minutes before and after scheduled listings for set-up and clean-up.

Register for Advanced Classes and Workshops at the Front Desk.

COMPLIMENTARY CLASS

PREMIUM CLASS ⑥

AREA RESERVED

WORKSHOP ⑥