



# WATER SCHEDULE

## JANUARY-FEBRUARY

**EXERCISE POOL** TOTAL LENGTH = 16 YARDS • 27.5 LAPS (55 LENGTHS) = 1/2 MILE

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ADULT SWIM</b> 5:00am-7:55am	<b>ADULT SWIM</b> 5:00am-7:25am	<b>ADULT SWIM</b> 5:00am-8:25am	<b>ADULT SWIM</b> 5:00am-8:25am	<b>ADULT SWIM</b> 5:00am-8:25am
<b>WATER</b> ★ 8:00am-8:45am	<b>WATER FUSION</b> ★ 7:30am-8:15am	<b>WATER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am
<b>AQUA ZUMBA</b> ★ 9:15am-10:00am	<b>JOINT EFFORT</b> ★ 8:30am-9:25am	<b>ADULT SWIM</b> 9:30am-11:00am	<b>JOINT EFFORT</b> ★ 9:30am-10:15am	<b>ADULT SWIM</b> 9:30am-12:00pm
<b>ADULT SWIM</b> 10:00am-1:00pm	<b>ADULT SWIM</b> 9:30am-1:00pm	<b>OPEN SWIM</b> 11:00am-4:15pm	<b>ADULT SWIM</b> 10:15am-11:00am	<b>OPEN SWIM</b> 12:00pm-4:00pm
<b>OPEN SWIM</b> 1:00pm-4:15pm	<b>OPEN SWIM</b> 1:00pm-4:15pm	<b>SWIM CLUB</b> ●★ 4:30pm-6:20pm	<b>OPEN SWIM</b> 11:00am-4:25pm	<b>FAMILY SWIM</b> 4:00pm-7:30pm
<b>ADULT SWIM</b> 4:15pm-6:15pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:00pm	<b>WATER POWER</b> ★ 6:30pm-7:25pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:40pm	<b>ADULT SWIM</b> 7:30pm-10:00pm
<b>WATER POWER</b> ★ 6:30pm-7:25pm	<b>ADULT SWIM</b> 6:05pm-12:00am	<b>ADULT SWIM</b> 7:30pm-12:00am	<b>ADULT SWIM</b> 6:45pm-12:00am	
<b>ADULT SWIM</b> 7:30pm-12:00am				

SATURDAY	SUNDAY	NOTES
<b>ADULT SWIM</b> 6:30am-8:15am	<b>ADULT SWIM</b> 6:30am-8:00am	<p>Private swim lessons may be scheduled during both Open swim and Adult swim.</p> <p>★ Indicates <b>No Swimming</b> – the pool is reserved for classes.</p> <p>● Indicates that registration and additional fee may apply.</p> <p>Register for classes through the WAC App or visit <a href="http://thewac.motionvibe.com">thewac.motionvibe.com</a></p>
<b>WATER POWER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:15am-9:00am	
<b>SWIM LESSONS</b> ●★ 9:40am-12:30pm	<b>ADULT SWIM</b> 9:15am-11:00am	
<b>OPEN SWIM</b> 12:45pm-4:00pm	<b>OPEN SWIM</b> 11:00am-4:00pm	
<b>ADULT SWIM</b> 4:00pm-6:00pm	<b>ADULT SWIM</b> 4:00pm-6:00pm	