

## **MAY-JUNE**

EXERCISE POOL	TOTAL LENGTH = 16 YARDS • 27.5 LAPS (55 LENGTHS) = 1/2 MILE			
MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ADULT SWIM</b> 5:00am-7:55am	ADULT SWIM 5:00am-8:25am	<b>ADULT SWIM</b> 5:00am-8:25am	ADULT SWIM 5:00am-8:00am	<b>ADULT SWIM</b> 5:00am-8:25am
<b>WATER</b> ★ 8:00am-8:45am	JOINT EFFORT ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:05am-9:00am	<b>WATER</b> ★ 8:30am-9:25am
<b>AQUA ZUMBA</b> ★ 9:20am-10:05am	<b>ADULT SWIM</b> 9:30am-1:00pm	<b>ADULT SWIM</b> 9:30am-11:00am	JOINT EFFORT ★ 9:30am-10:25am	<b>ADULT SWIM</b> 9:30am-12:00pm
ADULT SWIM 10:10am-1:00pm	<b>OPEN SWIM</b> 1:00pm-4:15pm	<b>OPEN SWIM</b> 11:00am-4:15pm	ADULT SWIM 10:30am-12:00pm	<b>OPEN SWIM</b> 12:00pm-4:00pm
<b>OPEN SWIM</b> 1:00pm-4:15pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:05pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:10pm	<b>OPEN SWIM</b> 12:00pm-4:25pm	FAMILY SWIM 4:00pm-7:30pm
<b>ADULT SWIM</b> 4:15pm-6:15pm	<b>ADULT SWIM</b> 6:10pm-12:00am	WATER POWER ★ 6:30pm-7:25pm	<b>SWIM LESSONS ●★</b> 4:30pm-6:40pm	<b>ADULT SWIM</b> 7:30pm-10:00pm
WATER POWER ★ 6:30pm-7:25pm		ADULT SWIM 7:30pm-12:00am	ADULT SWIM 6:45pm-12:00am	

SATURDAY	SUNDAY	NOTES
<b>ADULT SWIM</b> 6:30am-8:15am	<b>ADULT SWIM</b> 6:30am-8:00am	Private swim lessons may be scheduled during both Open swim and Adult swim.
WATER POWER ★ 8:30am-9:25am	<b>WATER</b> ★ 8:15am-9:00am	★ Indicates <b>No Swimming</b> – the pool is reserved for classes.
<b>SWIM LESSONS</b> ●★ 9:40am-12:30pm	<b>ADULT SWIM</b> 9:15am-11:00am	<ul> <li>Indicates that registration and additional fee may apply. Register on the WAC+ App.</li> </ul>
<b>OPEN SWIM</b> 12:45pm-4:00pm	<b>OPEN SWIM</b> 11:00am-4:00pm	Register for Water classes through the WAC App or visit thewac.motionvibe.com
<b>ADULT SWIM</b> 4:00pm-6:00pm	<b>ADULT SWIM</b> 4:00pm-6:00pm	

**ADULT SWIM** 7:30pm-12:00am

**West Allis** 1939 S. 108th St. 414.321.2500 www.thewac.com