



# WATER SCHEDULE

## NOVEMBER - DECEMBER

**EXERCISE POOL** **TOTAL LENGTH = 16 YARDS • 27.5 LAPS (55 LENGTHS) = 1/2 MILE**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>ADULT SWIM</b> 5:00am-8:00am	<b>ADULT SWIM</b> 5:00am-8:30am	<b>ADULT SWIM</b> 5:00am-8:30am	<b>ADULT SWIM</b> 5:00am-8:30am	<b>ADULT SWIM</b> 5:00am-8:30am
<b>WATER</b> ★ 8:00am-8:45am	<b>JOINT EFFORT</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am	<b>WATER</b> ★ 8:30am-9:25am
<b>AQUA ZUMBA</b> ★ 9:15am-10:00am	<b>ADULT SWIM</b> 9:30am-1:00pm	<b>ADULT SWIM</b> 9:30am-11:00am	<b>ADULT SWIM</b> 9:30am-11:00am	<b>ADULT SWIM</b> 9:30am-12:00pm
<b>ADULT SWIM</b> 10:00am-1:00pm	<b>OPEN SWIM</b> 1:00pm-4:25pm	<b>OPEN SWIM</b> 11:00am-5:00pm	<b>OPEN SWIM</b> 11:00am-4:25pm	<b>OPEN SWIM</b> 12:00pm-4:00pm
<b>OPEN SWIM</b> 1:00pm-4:15pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:45pm	<b>SWIM CLUB</b> ●★ 5:00pm-6:00pm	<b>SWIM LESSONS</b> ●★ 4:30pm-6:40pm	<b>FAMILY SWIM</b> 4:00pm-7:30pm
<b>SWIM LESSONS</b> ●★ 4:30pm-5:15pm	<b>ADULT SWIM</b> 6:45pm-12:00am	<b>ADULT SWIM</b> 6:00pm-6:30pm	<b>OPEN SWIM</b> 6:45am-7:45pm	<b>ADULT SWIM</b> 7:30pm-8:00pm
<b>SWIM CLUB</b> ●★ 5:15pm-6:15pm		<b>WATER POWER</b> ★ 6:30pm-7:25pm	<b>ADULT SWIM</b> 7:45pm-12:00am	
<b>WATER POWER</b> ★ 6:30pm-7:25pm		<b>ADULT SWIM</b> 7:30pm-12:00am		
<b>ADULT SWIM</b> 7:30pm-12:00am				
SATURDAY	SUNDAY	NOTES		
<b>ADULT SWIM</b> 6:30am-8:55am	<b>ADULT SWIM</b> 6:30am-11:00am	Private swim lessons may be scheduled during both Open swim and Adult swim.		
<b>SWIM LESSONS</b> ●★ 9:00am-12:40pm	<b>OPEN SWIM</b> 11:00am-4:00pm	★ Indicates <b>No Swimming</b> – the pool is reserved for classes.		
<b>OPEN SWIM</b> 12:45pm-4:00pm	<b>ADULT SWIM</b> 4:00pm-6:00pm	● Indicates that registration and additional fee may apply.		
<b>ADULT SWIM</b> 4:00pm-6:00pm		Register for classes through the WAC App or visit <a href="http://thewac.motionvibe.com">thewac.motionvibe.com</a>		