FALL SESSION 2 2026

JUNIOR TENNIS



Wisconsin Athletic Club
LAKE COUNTRY

JUNIOR TENNIS NOTES

Registering for Junior Tennis

Mark your calendars for registration opening at noon. Advantage members can register a week before fitness/non-members. If you want a higher chance of getting a spot, please call the club before the date of registration to become a member. This will help registration go as smoothly as possible on the day of. Registration can be done online, in person, or by calling the Front Desk.

High Performance Progression (HP Yellow, HP Green, and HP Orange) registration must be emailed to Jack at jwatermolen@thewac.com

High Performance Academy and Doubles Registration must be emailed to Joe Kim at jkim@thewac.com

If you have any questions, please call the Front Desk.

Tennis Viewing Gallery at Lake Country

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

Check email for class recommendations

Before registration for the next session opens, our certified professionals send out class recommendations to the email linked to your child's account for the following session. If you're not sure what email is linked to your child's account, the front desk will know!

Next recommendations set to go out on October 5.

Students might be in a class for more than one session

Tennis progression is unique for each player. For most players, it is beneficial to stay in the same class for multiple sessions. If you're ever curious about what your player needs to develop in order to reach the next level, their coach can help clarify that.

USTA Tournaments

Introduction tournaments, level 7 tournaments, and 10U Green Ball tournaments, are a great way for your player to start competing in real matches. **Please note your player should have the ability to hit serves, returns, and be able to keep a rally going prior to registering for their first tournament.**

November 14 | Green Ball: Fall Open | 10U Coed Singles

November 29 | Level 7: Thanksgiving Open | BG 12-18 Singles

December 28 | Level 7: Christmas Open | BG 12-18 Singles

If you haven't used USTA before, go to usta.com and click the "join" button to get started! From there the USTA will direct you on making a parent account. If you have any questions related to how to register for our USTA tournaments or navigating the USTA website to find our tournaments contact Conner at cannis@thewac.com and he'll be happy to assist you and your player.

Junior Program Policies:

- Juniors may join the session classes after the start date, but will not be refunded for leaving the session prior to completion.
- For Starter classes, Juniors may join the class session up to 2 weeks after the start date.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure - Waitlisted participants will be contacted only if a spot becomes available in the tennis class. If you do not receive a notification, it means a spot did not open up.

FALL 2 2026 SESSION INFO:

November 2 - December 23 *(No classes November 26-29)*

High Performance registration opens:
October 12 • 12pm

Advantage member registration opens:
October 12 • 12pm

Fitness member/non-member registration opens:
October 19 • 12pm

WINTER 2027 SESSION INFO:

January 4 - March 19

High Performance registration opens:
December 14 • 12pm

Advantage member registration opens:
December 14 • 12pm

Fitness member/non-member registration opens:
December 21 • 12pm

JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.

Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.

Red Ball Intro



Ages 5-6
50 Minutes
36' Court
21" Racquet

Red Ball (1, 2)



Ages 5-7
50 Minutes
36' Court
21-23" Racquet

Orange Intro



Ages 7-8
60 Minutes
60' Court
23-25" Racquet

Orange Ball (1, 2)



Ages 7-9
60 Minutes
60' Court
23-25" Racquet

Green Intro



Ages 9-10
60 Minutes
78' Court
25-26" Racquet

Green Ball



Ages 9-11
60 Minutes
78' Court
25-26" Racquet

Yellow Intro



Ages 11-12
60 Minutes
78' Court
26-27" Racquet

Yellow Ball (1, 2)



Ages 11-13
60 Minutes
78' Court
26-27" Racquet

HP Yellow Ball



120 Minutes
78' Court
27" Racquet
Pro-Approved &
USTA Tournament
Play Required

High School Intro



Ages 13-18
60 Minutes
78' Court
27" Racquet

High School Girls, Boys, and Coed (1, 2)



Ages 13-18
90 Minutes
78' Court
27" Racquet

High Performance Academy and Doubles



120 Minutes
78' Court
27" Racquet
Pro-Approved &
USTA Tournament
Play Required

JUNIOR TENNIS LEVELS

All Classes Require Coach Recommendation to Advance

Red Ball Intro | *Ages 5-6*
Orange Ball Intro | *Ages 7-8*
Green Ball Intro | *Ages 9-10*
Yellow Ball Intro | *Ages 11-12*
High School Intro | *Ages 13-18*
These classes are for students with little to no experience. They will start to learn forehand and backhand groundstrokes, volleys, and serves in these classes. Fun and active games will be used to promote the skills practiced.

Red Ball 1 | *Ages 5-7*
At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced.

Red Ball 2 | *Ages 5-7*
This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 2, they should be able to hit topspin groundstrokes in the short court.

Orange Ball 1 | *Ages 7-9*
This class uses the blue 60ft USTA recommended lines. While in this class, players are learning stroke production and starting to receive balls from other players to improve their ability to rally.

Orange Ball 2 | *Ages 7-9*
This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full points with self feeds and by serving. Serving may not be consistent yet.

Green Ball | *Ages 9-11*
This class uses the full court and Green Dot balls that have a 25% reduced bounce. Players have experience and are building consistency in fundamentals, including topspin groundstrokes, continental grip for serves, and volleys as doubles play becomes more prominent

Yellow Ball 1 | *Ages 11-13*
This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

Yellow Ball 2 | *Ages 11-13*
This class should be able to play with topspin and is working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience of doing so.

High School Girls, Boys, and Coed 1 | *Ages 13-18*
This class reinforces the fundamentals of groundstrokes, volleys, and serves through live rallies to build consistency for matches. Players can use topspin and are developing backspin during point play. Flat and spin serves with proper grips are becoming more consistent, and players should have some match play experience.

High School Girls, Boys, and Coed 2 | *Ages 13-18*
Players in this group demonstrate consistent fundamentals in groundstrokes, volleys, and serves. Training focuses on increasing power, improving strategy and placement, and developing specialty shots. Players can apply topspin and backspin in point play and maintain consistent flat and spin serves. Greater emphasis is placed on match strategy and shot selection. Players at this level more regularly participate in matches.



STARTER FALL TENNIS

NOVEMBER 2 - DECEMBER 23, 2026

NO CLASSES NOVEMBER 26-29

For Starter classes, Juniors may join the class session up to 2 weeks after the start date.

RED BALL INTRO | *Ages 5-6* *(50-minute class)*

Class Options:

Tuesday • 4:05pm Jeff
Wednesday • 5:05pm Alex
Thursday • 4:35pm Jeff
Saturday • 9:05am Conner

RED BALL 1 | *Ages 5-7* *(50-minute class)*

Formerly Red Ball 2

Class Options:

Tuesday • 4:05pm Dan
Wednesday • 5:05pm Jeff
Thursday • 4:35pm Conner
Saturday • 9:05am Jeff

RED BALL 2 | *Ages 5-7* *(50-minute class)*

Formerly Red Ball 3

Class Options:

Thursday • 5:35pm Jeff
Saturday • 10:05am Conner

ORANGE BALL INTRO | *Ages 7-8* *(60-minute class)*

Class Options:

Saturday • 11:00am Jeff

GREEN BALL INTRO | *Ages 9-10* *(60-minute class)*

Class Options:

Tuesday • 6:00pm Jeff
Saturday • 10:00am Jeff

YELLOW BALL INTRO | *Ages 11-12* *(60-minute class)*

Class Options:

Tuesday • 5:00pm Jeff
Saturday • 1:00pm Jeff

HIGH SCHOOL INTRO | *Ages 13-18* *(60-minute class)*

Formerly Teen Intro

Class Options:

Tuesday • 7:00pm Jeff

Red Ball Intro, Red Ball 1, Red Ball 2		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue | Wed	$176.00	$240.00
Thu | Sat	$132.00	$180.00

Orange Ball Intro, Green Ball Intro, Yellow Ball Intro, HS Intro		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue	$208.00	$272.00
Thu | Sat	$156.00	$204.00

REGISTRATION BEGINS

WAC Advantage Members • October 12 at 12pm

WAC Fitness Members and Non-Members • October 19 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Conner Annis, cannis@thewac.com.



Intermediate classes are only available to WAC Advantage Members

INTERMEDIATE FALL TENNIS

NO CLASSES NOVEMBER 26-29

NOVEMBER 2 - DECEMBER 23, 2026

ORANGE BALL 1 | *Ages 7-9* *(60-minute class)*

Class Options:

Wednesday • 5:00pm Cassie
Thursday • 5:30pm Dan/Conner
Saturday • 12:00pm Jeff/Kevin L

ORANGE BALL 2 | *Ages 7-9* *(60-minute class)*

Class Options:

Monday • 4:30pm Dan/Tim
Thursday • 4:30pm Kevin L
Saturday • 9:00am Sam/Kevin L

GREEN BALL | *Ages 9-11* *(60-minute class)*

Class Options:

Thursday • 4:30pm Dan/Ella
Sunday • 11:30am Kevin M/Ryan

YELLOW BALL 1 | *Ages 11-13* *(60-minute class)*

Formerly Yellow Ball

Class Options:

Monday • 5:30pm Kassie/Morgan
Thursday • 5:30pm Chris
Sunday • 2:00pm Logan/Noah

YELLOW BALL 2 | *Ages 11-13* *(60-minute class)*

Class Options:

Monday • 5:30pm Dan
Thursday • 6:30pm Conner
Sunday • 2:00pm Alex/Lexie

Orange Ball 1, Orange Ball 2, Green Ball, Yellow Ball 1, Yellow Ball 2	
	WAC Advantage Member
Mon | Wed	$208.00
Thu | Sat | Sun	$156.00

REGISTRATION BEGINS
WAC Advantage Members • October 12 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Intermediate Classes can be directed to Conner Annis, cannis@thewac.com.



High School classes are only available to WAC Advantage Members

HIGH SCHOOL FALL TENNIS

NO CLASSES NOVEMBER 26-29

NOVEMBER 2 - DECEMBER 23, 2026

COED HIGH SCHOOL 1 *(90-minute class)*

Class Options:

Thursday • 4:00pm Chris

Sunday • 12:30pm Kevin M

COED HIGH SCHOOL 2 *(90-minute class)*

Class Options:

Monday • 4:00pm Morgan

Sunday • 12:30pm Alex/Ryan

Coed 1 & 2, Girls 1 & 2, Boys 1 & 2 High School Groups	
	WAC Advantage Member
Mon | Tue | Wed	$312.00
Thu | Sat | Sun	$234.00

GIRLS HIGH SCHOOL 1 *(90-minute class)*

Class Options:

Tuesday • 3:30pm Chris/Steph

Saturday • 10:00am Sam/Kevin L

GIRLS HIGH SCHOOL 2 *(90-minute class)*

Class Options:

Wednesday • 6:00pm Chris/Dan

Saturday • 11:30am Derek/Sam

BOYS HIGH SCHOOL 1 *(90-minute class)*

Class Options:

Tuesday • 5:00pm Chris/Conner

BOYS HIGH SCHOOL 2 *(90-minute class)*

Class Options:

Wednesday • 4:30pm Chris/Ryan

REGISTRATION BEGINS

WAC Advantage Members · October 12 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on High School Classes can be directed to Conner Annis, cannis@thewac.com.

FALL 2 SESSION 2026



For more information contact:
Conner Annis at cannis@thewac.com

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