

FALL SESSION 1 2025

# JUNIOR TENNIS



**Wisconsin Athletic Club**  
LAKE COUNTRY

# JUNIOR TENNIS NOTES

## **Tennis Viewing Gallery at Lake Country**

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

## **Check email for report cards**

Before registration for the next session opens, our certified professionals send out a report card to the email linked to your child's account with a class recommendation for the following session. If you're not sure what email is linked to your child's account, the front desk will know!

## **Students might be in a class for more than one session**

Tennis progression is unique for each player. For most players, it is beneficial to stay in the same class for multiple sessions. If you're ever curious about what your player needs to develop in order to reach the next level, their coach can help clarify that.

## **USTA Tournaments**

Introduction tournaments, level 7 tournaments, are a great way for your player to start competing in real matches. At the WAC we host two level 7 tournaments during the Fall.

**November 29 | Thanksgiving WAC Lake Country Junior Open**

**December 27 | Christmas WAC Lake Country Junior Open**

If you haven't used USTA before, go to [usta.com](http://usta.com) and click the "join" button to get started! From there the USTA will direct you on making a parent account. If you have any questions related to how to register for our USTA tournaments or navigating the USTA website to find our tournaments contact Conner at [cannis@thewac.com](mailto:cannis@thewac.com) and he'll be happy to assist you and your player.

## **UPCOMING FALL SESSION 2 INFO:**

**November 3 - December 20**

*Off Nov 27-30 for Thanksgiving*

**Advantage Member Registration:** October 6 • 12pm

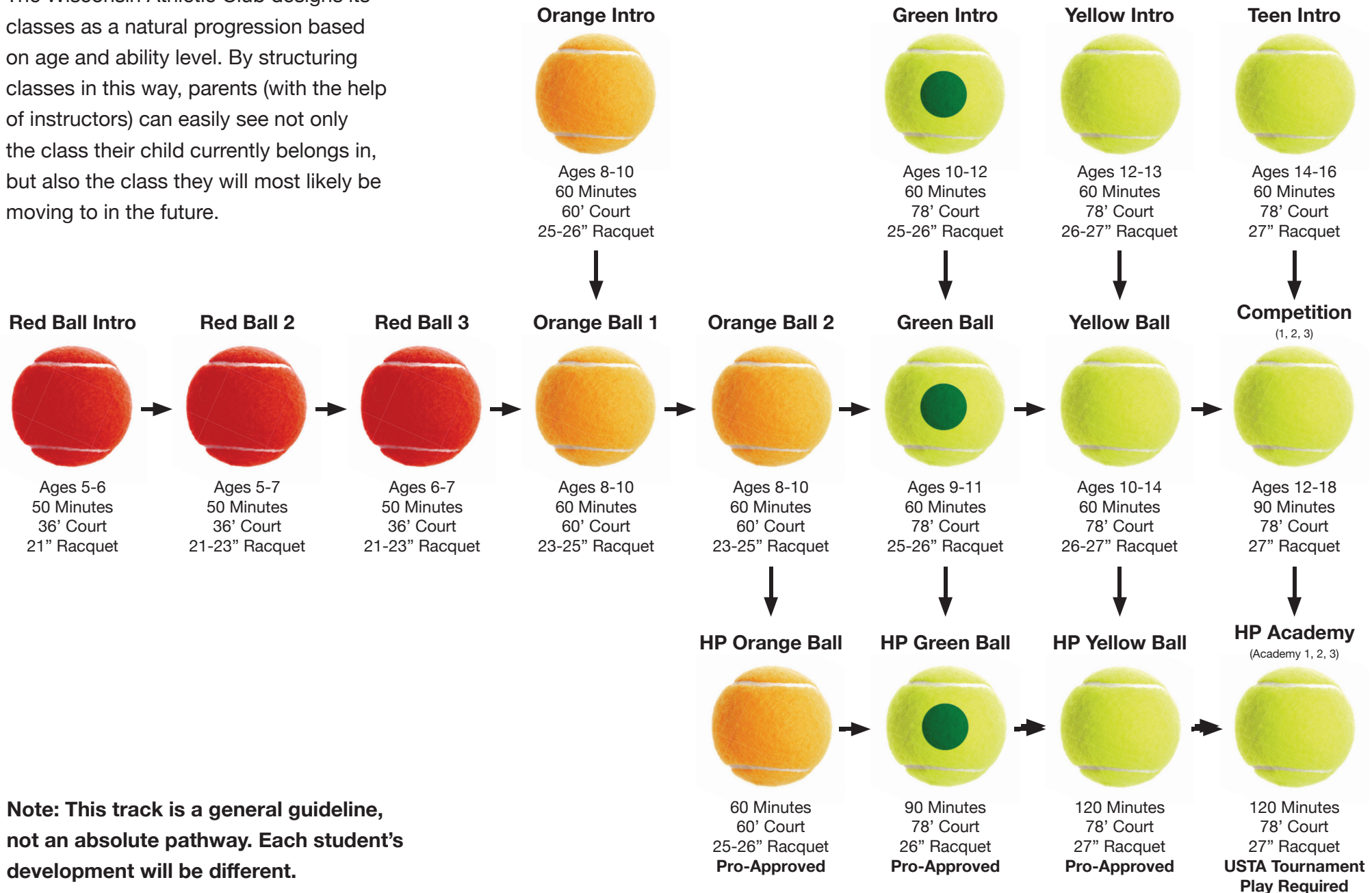
**Fitness Member Registration:** October 13 • 12pm

For more information contact  
Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)



# JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.



# JUNIOR TENNIS LEVELS

*All Classes Require Coach Recommendation to Advance*

## **Red Ball Intro | Ages 5-6**

## **Orange Ball Intro | Ages 8-10**

## **Green Ball Intro | Ages 10-12**

## **Yellow Ball Intro | Ages 12-13**

## **Teen Intro | Ages 14-16**

These classes are for students with little to no experience. They will start to learn forehand and backhand groundstrokes, volleys, and serves in some of these classes.

## **Red Ball 2 | Ages 5-7**

At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced.

## **Red Ball 3 | Ages 6-7**

This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 3, they should be able to hit topspin groundstrokes in the short court.

## **Orange Ball 1 | Ages 8-10**

This class uses the blue 60ft USTA recommended lines. While in this class, players are learning stroke production and starting to receive balls from other players to improve their ability to rally.

## **Orange Ball 2 | Ages 8-10**

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full points with self feeds and by serving. Serving may not be consistent yet.

## **Green Ball | Ages 9-11**

This class uses the full court and Green Dot balls that have a 25% reduced bounce. Players have experience and are building consistency in fundamentals, including topspin groundstrokes, continental grip for serves, and volleys as doubles play becomes more prominent

## **Yellow Ball | Ages 11-14**

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

## **Competition 1 | Ages 12-14**

This class should be able to play with topspin and working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience doing so.

## **Competition 2 | Ages 13-16**

This class can play with topspin and is working on using some backspin during point play. Flat and spin serves with proper grips are becoming more consistent. This player should have some match play experience.

## **Competition 3 | Ages 13-17**

Players in this class can use topspin and backspin during point play. Flat and spin serves should be consistent. This class will spend more time going over strategy and shot utilization. Players in this group are more consistently playing in matches.

## **Girls High School 1 | Ages 13-17**

This class focuses on reinforcing the fundamentals of groundstrokes, volleys, and serves during live rallies to give players the most consistent skills for matches.

## **Girls High School 2 | Ages 13-17**

This group has shown to have consistent fundamentals for their groundstrokes, volley and serves. This group is now working on improving their power, strategy, placement, and specialty shots.

For more information contact

Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)



# STARTER FALL TENNIS

SEPTEMBER 2 - NOVEMBER 2, 2025

## RED BALL INTRO | *Ages 5-7 (50-minute class)*

Class Options:

Tuesday • 4:05pm Jeff

Saturday • 9:05am Jeff

Wednesday • 5:05pm Alex

## RED BALL 2 | *Ages 5-7 (50-minute class)*

Class Options:

Tuesday • 4:05pm Conner

Saturday • 9:05am Turner

Wednesday • 5:05pm Jeff

## RED BALL 3 | *Ages 6-8 (50-minute class)*

Class Options:

Wednesday • 4:05pm Jeff

Saturday • 10:05am Turner

Friday • 4:05pm Kevin L

## ORANGE BALL INTRO | *Ages 8-10 (60-minute class)*

Class Options:

Thursday • 4:00pm Conner

Friday • 5:00pm Kevin L

## GREEN BALL INTRO | *Ages 10-12 (60-minute class)*

Class Options:

Tuesday • 6:00pm Jeff

Sunday • 11:30am Jake

## YELLOW BALL INTRO | *Ages 12-14 (60-minute class)*

Class Options:

Tuesday • 5:00pm Jeff

Sunday • 2:00pm Conner

Saturday • 1:00pm Jeff

### Junior Program Policies:

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Waitlisted participants will be contacted **only if a spot becomes available in the tennis class**. If you do not receive a notification, it means a spot did not open up.

Red Ball Intro, Red Ball 2, Red Ball 3		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Wed Fri   Sat	\$198.00	\$198.00

Orange Ball Intro, Green Ball Intro, Yellow Ball Intro		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Fri Sat   Sun	\$234.00	\$288.00

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 5-7.

## REGISTRATION BEGINS

WAC Advantage Members • Monday, August 4 at 12pm

WAC Fitness Members and Non-Members • Monday, August 11 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).



*Intermediate classes are only available to WAC Advantage Members*

# INTERMEDIATE FALL TENNIS

SEPTEMBER 2 - NOVEMBER 2, 2025

**ORANGE BALL 1 | Ages 8-10 (60-minute class)**

Class Options:

Wednesday • 6:00pm Jeff                      Saturday • 11:00am Jeff  
Thursday • 5:00pm Jeff                      Sunday • 10:30am Jake

**ORANGE BALL 2 | Ages 8-10 (60-minute class)**

Class Options:

Monday • 4:00pm Kevin L                      Saturday • 9:00am Mano  
Thursday • 4:00pm Kevin L/Turner

**GREEN BALL | Ages 9-11 (60-minute class)**

Class Options:

Thursday • 6:00pm Kevin L/Jake                      Sunday • 10:00am Kevin M  
Saturday • 1:00pm Turner

**YELLOW BALL | Ages 10-14 (60-minute class)**

Class Options:

Monday • 6:00pm Mano/Jake                      Saturday • 2:00pm Derek  
Thursday • 5:00pm Chris                      Sunday • 11:00am Alex

**Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Waitlisted participants will be contacted **only if a spot becomes available in the tennis class**. If you do not receive a notification, it means a spot did not open up.

Orange Ball 1, Orange Ball 2, Green Ball, Yellow Ball	
	WAC Advantage Member
Mon	\$208.00
Wed   Thu Sat   Sun	\$234.00

**REGISTRATION BEGINS**

WAC Advantage Members • Monday, August 4 at 12pm

WAC Fitness Members and Non-Members • Monday, August 11 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Intermediate Classes can be directed to Tim Hartwick, thartwick@thewac.com.





***Advanced classes are only available to WAC Advantage Members***

# ADVANCED FALL TENNIS

**SEPTEMBER 2 - NOVEMBER 2, 2025**

## **COMPETITION 1 | Ages 12-14 (90-minute class)**

**Class Options:**

**Tuesday • 4:00pm Chris**

**Sunday • 12:30pm Kevin M/Ryan**

## **COMPETITION 2 | Ages 12-16 (90-minute class)**

**Class Options:**

**Wednesday • 5:00pm Mano/Cole**

**Sunday • 12:30pm Alex/Conner**

## **COMPETITION 3 | Ages 12-16 (90-minute class)**

**Class Options:**

**Monday • 6:00pm Conner/Derek**

**Sunday • 2:00pm Jake/Kevin M**

**Saturday • 1:00pm Mano**

Competition Groups	
	WAC Advantage Member
Mon	\$312.00
Tue   Wed   Thu Fri   Sat   Sun	\$351.00

### **Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Waitlisted participants will be contacted **only if a spot becomes available in the tennis class**. If you do not receive a notification, it means a spot did not open up.

## **REGISTRATION BEGINS**

**WAC Advantage Members • Monday, August 4 at 12pm**

**Register at the Front Desk, online or via the WAC Tennis app.**

Any questions on Advanced Classes can be  
directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).



*Advanced classes are only available to WAC Advantage Members*

# ADVANCED FALL TENNIS

**MINI SESSION: OCT 4 - NOV 2**

## **GIRLS HIGH SCHOOL 1** *(90-minute class)*

**Class Options:**

**Tuesday • 5:00pm** Jack

**Friday • 4:00pm** Turner/Mano

**Saturday • 8:30am** Derek

**Saturday • 11:30am** Mano/Cole/Turner/David

## **GIRLS HIGH SCHOOL 2** *(90-minute class)*

**Class Options:**

**Thursday • 3:30pm** Chris/Mano

**Saturday • 11:30am** Mano/Cole/Turner/David

High School Groups	
	WAC Advantage Member
Tue   Thu   Fri	\$156.00
Sat	\$195.00

### **Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
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- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- **Waitlist Procedure** - Waitlisted participants will be contacted **only if a spot becomes available in the tennis class**. If you do not receive a notification, it means a spot did not open up.

## **REGISTRATION BEGINS**

**WAC Advantage Members • Monday, August 4 at 12pm**

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directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).



A young boy with short brown hair and a wide smile is the central focus. He is wearing a grey polo shirt with a black shark pattern. He is standing on a boat, with a white railing and a black rope net visible in the foreground. In the background, other children are visible but out of focus. The top right corner of the image has a blue banner with white text.

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For more information contact:  
Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)

**WWW.THEWAC.COM**

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