

### **VIEW ALL SUMMER SESSIONS**

SUMMER SESSION 1: JUNE 16 - JULY 18

NO CLASS ON JULY 4

**REGISTRATION BEGINS** 

**Advantage Members:** 

May 5 • 12pm

**Fitness Member and Non-Members:** 

May 12 • 12pm

Late Registration Pricing (after 6/2/25)

SUMMER SESSION 2: JULY 21 - AUGUST 23

**REGISTRATION BEGINS** 

Advantage Members:

May 5 • 12pm

**Fitness Member and Non-Members:** 

May 12 • 12pm

Late Registration Pricing (after 7/7/25)

For more information contact Tim Hartwick at thartwick@thewac.com



### JUNIOR TENNIS

#### Starter

The Starter Program is designed for any age junior without much tennis experience to be able to join a class and feel comfortable. We welcome ages 5 to teens who want to learn the game of tennis.

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 5-7 year olds.

#### Intermediate

The Intermediate Program is for juniors with some tennis experience who want to continue to grow their skills. Key elements of our lessons include drills, stroke production, point play, game play, and fun.

#### Advanced

The Advanced Program is for those juniors who have chosen an aggressive pathway for tennis including multiple days of play, practice, and tournament involvement. Our juniors have a high level of commitment in these group lessons so they encourage each other to improve.

#### **High Performance Progression**

The High Performance Progression program is designed specifically for junior tennis players in the Youth Progression pathway (Orange, Green, and Yellow Ball) who have the skills necessary to begin training for competitive play.

#### **High Performance Academy**

The most aggressive developmental pathway to raise the level of tennis for the student. Class placement based on Universal Tennis Rating (UTR) guarantees high level hitting and competition suitable to the student. To ensure quality instruction, tennis pros will be team teaching these groups so students can get a variety of input from multiple professionals. We encourage the student to participate in multiple days of practice, lessons, and tournament play. Class placement based upon UTR.

#### **Early Registration Discount**

Receive a \$2.50 per class discount if you register before the early registration deadline.

#### **Tennis Viewing Gallery at Lake Country**

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

#### **UPCOMING SESSION INFO:**

FALL SESSION September 2 - November 1

**Advantage Member Registration:** August 4 • 12pm

**Fitness Member Registration:** August 11 • 12pm

## JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.

Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.

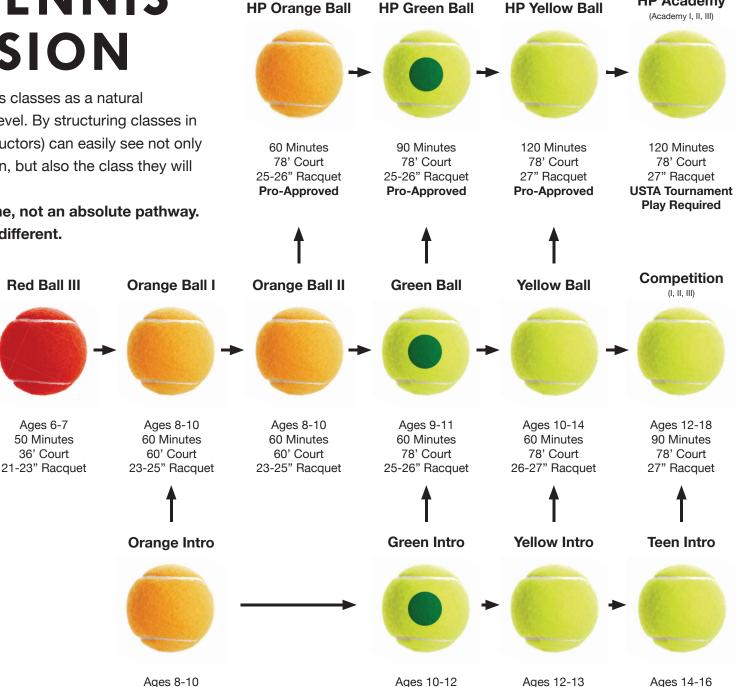
Red Ball II

Ages 5-7

50 Minutes

36' Court

21-23" Racquet



60 Minutes

78' Court

25-26" Racquet

60 Minutes

78' Court

26-27" Racquet

60 Minutes

78' Court

26-27" Racquet

60 Minutes

60' Court

25-26" Racquet

**HP Academy** 



Red Ball I

Ages 5-6

50 Minutes

36' Court

21" Racquet

### JUNIOR TENNIS LEVELS

#### Red Ball I | Ages 5-6

This class is for students with little to no experience. They will start to learn forehand and backhand groundstrokes and volleys.

#### Red Ball II | Ages 5-7

At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced. A coach's recommendation is required to move up to this class.

#### Red Ball III | Ages 6-7

This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 3, they should be able to hit topspin groundstrokes in the short court. A coach's recommendation is required to move up to this class.

#### Orange Ball Intro | Ages 8-10

This class is for students with little to no experience.

#### Green Ball Intro | Ages 10-12

This class is for students with little to no experience.

#### Yellow Ball Intro | Ages 12-13

This class is for students with little to no experience.

#### Teen Intro | Ages 14-16

This class is for teenagers with little to no experience.

#### Orange Ball I | Ages 8-10

This class uses the blue 60 ft USTA recommended lines. This level player should have some experience in tennis or in another organized sport that also works on tracking skills. This class works on stroke production and trying to receive balls from other players so they can eventually rally.

#### Orange Ball II | Ages 8-10

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out

full point with self feeds and by serving. Serving may not be consistent yet.

#### Green Ball | Ages 9-11

This class is playing on the full court with the USTA recommended Green Dot ball which is 25% reduced bounce. This class has experience and is working on getting more consistent at base fundamentals. The continental grip is being used on the serve technique and working on being able to use topspin on the ground strokes. Volleys are being used as doubles play is more involved.

#### Yellow Ball | Ages 11-14

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

#### Competition I | Ages 12-14

This class should be able to play with topspin and working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience doing so.

#### Competition II | Ages 13-16

This class can play with topspin and is working on using some slice during point play. Flat and spin serves with the proper grips should be consistent. This player is ready for high school tennis

#### Competition III | Ages 13-17

This class is for a high school JV level player or Varsity level player depending the school.

#### Girls High School 1 | Ages 13-17

This class should have experience and is either going out for high school tennis or has already played a season on a freshman or lower JV position.

#### Girls High School 2 | Ages 13-17

This class is ready to play JV or Varsity for high school tennis depending on the strength of the team.

For more information contact
Tim Hartwick at thartwick@thewac.com





# STARTER SUMMER TENNIS SESSION 1

JUNE 16 - JULY 18, 2025

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 4-7.

#### **Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- · All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

**RED BALL I** | Ages 5-7 (50-minute class)

Class Options:

Tuesday • 11:05am Jeff Wednesday • 10:05am Conner

Tuesday • 4:05pm Alex Thursday • 5:05pm Jeff

RED BALL II | Ages 5-7 (50-minute class)

**Class Options:** 

Tuesday • 11:05am Conner Thursday • 5:05pm Turner

Tuesday • 4:05pm Jeff

RED BALL III | Ages 6-8 (50-minute class)

**Class Options:** 

Wednesday • 1:05pm Kevin L Thursday • 4:05pm Jeff

| Red Ball I, II, III (Early Registration Pricing) |                         |                                   |
|--|-------------------------|-----------------------------------|
|  | WAC Advantage<br>Member | WAC Fitness Member/<br>Non-Member |
| Tue   Wed<br>Thu                                 | \$100.00                | \$100.00                          |
| Late Registration Pricing (after 6/2/25)         |                         |                                   |
| Tue   Wed<br>Thu                                 | \$112.50                | \$112.50                          |

#### ORANGE BALL INTRO | Ages 8-10 (60-minute class)

**Class Options:** 

Tuesday • 12:00pm Jeff Thursday • 3:30pm Conner

| Orange Ball Intro (Early Registration Pricing) |                         |                                   |
|--|-------------------------|-----------------------------------|
|  | WAC Advantage<br>Member | WAC Fitness Member/<br>Non-Member |
| Tue   Thu                                      | \$120.00                | \$120.00                          |
| Late Registration Pricing (after 6/2/25)       |                         |                                   |
| Tue   Thu                                      | \$132.50                | \$132.50                          |

#### GREEN BALL INTRO | Ages 10-12 (60-minute class)

**Class Options:** 

Thursday • 4:00pm Turner

YELLOW BALL INTRO | Ages 12-14 (60-minute class)

Class Options:

Tuesday • 1:00pm Jeff Friday • 9:30am Kevin L

| Green & Yellow Ball Intro<br>(Early Registration Pricing) |          |          |  |
|---|----------|----------|--|
| WAC Advantage WAC Fitness Member/<br>Member Non-Member    |          |          |  |
| Tue   Thu   | \$120.00 | \$150.00 |  |
| Fri   | \$96.00  | \$120.00 |  |
| Late Registration Pricing (after 6/2/25)                  |          |          |  |
| Tue   Thu   | \$132.50 | \$162.50 |  |
| Fri   | \$106.00 | \$130.00 |  |

#### **REGISTRATION BEGINS**

WAC Advantage Members • Monday, May 5 at 12pm
WAC Fitness Members and Non-Members • Monday, May 12 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be
directed to Tim Hartwick, thartwick@thewac.com.

#### **REGISTRATION BEGINS**

WAC Advantage Members • Monday, May 5 at 12pm
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Any questions on Starter Classes can be
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Intermediate classes are only available to WAC Advantage Members

# INTERMEDIATE SUMMER TENNIS SESSION 1

JUNE 16 - JULY 18, 2025

#### **ORANGE BALL I | Ages 8-10** (60-minute class)

**Class Options:** 

Tuesday • 5:00pm Jeff

#### ORANGE BALL II | Ages 8-10 (60-minute class)

Class Options:

Tuesday • 12:00pm Conner Wednesday • 3:00pm Kevin

Tuesday • 5:00pm Mano

#### **GREEN BALL** | Ages 9-11 (60-minute class)

**Class Options:** 

Tuesday • 5:00pm Alex

#### YELLOW BALL | Ages 10-14 (60-minute class)

**Class Options:** 

Monday • 1:00pm Jake Thursday • 10:00am Chris

Tuesday • 1:00pm Mano

#### Junior Program Policies:

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- · All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

# Orange Ball I & II, Green Ball, and Yellow Ball (Early Registration Pricing) WAC Advantage Member Mon | Tue Wed | Thu \$120.00 Late Registration Pricing (after 7/7/25) Mon | Tue Wed | Thu \$132.50

#### **REGISTRATION BEGINS**

WAC Advantage Members • Monday, May 5 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Intermediate Classes can be directed to Tim Hartwick, thartwick@thewac.com.



Advanced classes are only available to WAC Advantage Members

# ADVANCED SUMMER TENNIS SESSION 1

JUNE 16 - JULY 18, 2025

COMPETITION I | Ages 12-14 (90-minute class)

**Class Options:** 

Tuesday • 1:00pm Chris Thursday • 2:30pm Mano

**COMPETITION II | Ages 12-16** (90-minute class)

**Class Options:** 

Monday • 3:30pm Jake Thursday • 1:30pm Jack

#### GIRLS HIGH SCHOOL 1

(90-minute class) Previously JV

**Class Options:** 

Tuesday • 2:30pm Conner Thursday • 11:00am Chris

Wednesday • 1:30pm Jack

| Competition I, II, High School Groups (Early Registration Pricing) |                      |  |
|--|----------------------|--|
|  | WAC Advantage Member |  |
| Mon Tue<br>Wed Thu   | \$180.00             |  |
| Late Registration Pricing (after 6/2/25)                           |                      |  |
| Mon Tue<br>Wed Thu   | \$192.50             |  |

#### **GIRLS HIGH SCHOOL 2**

(90-minute class) **Previously V** 

**Class Options:** 

Wednesday • 3:00pm Jack

Thursday • 1:00pm Alex

#### **Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with zero registrants will be canceled after the first week of the session. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

#### REGISTRATION BEGINS

WAC Advantage Members • Monday, May 5 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Advanced Classes can be
directed to Tim Hartwick, thartwick@thewac.com.



### JUNE 16 - JULY 18, 2025

In order to work around your busy summer schedules, participants in High Performance Progression and above can register for classes throughout the entire length of the summer and pick the days they can attend.

Please email all the dates you will be registering your child for in advance. The same UTR criteria will be used for placement.

Registration for any classes must be at least 48 hours prior to class start. Registration cancellations must be made at least 48 hours prior to class start to avoid a class fee.

#### HIGH PERFORMANCE ORANGE BALL

Class Options: (60-minute class)
Tuesday • 4:00pm Jack/Conner

#### HIGH PERFORMANCE GREEN BALL

Class Options: (90-minute class)
Wednesday • 4:30pm Jack/Kevin L

| High Performance<br>Orange, Green and Yellow Ball<br>(Early Registration Pricing) |                   |
|---|-------------------|
| WAC Advantage Member  |                   |
| Tue   | \$24.00 per class |
| Wed   | \$36.00 per class |

#### **HP Progression Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- · All classes with 2 or fewer registrants will be canceled after the first week of the session.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.

Must be a WAC Advantage Member and Pro-Approved Registration begins Monday, May 5 at 12pm

Email jwatermolen@thewac.com to register for all High Performance Progression classes.

Any questions on High Performance Progression classes can be directed to Jack Watermolen, jwatermolen@thewac.com.



### JUNE 16 - JULY 18, 2025

In order to work around your busy summer schedules, participants in High Performance Progression and above can register for classes throughout the entire length of the summer and pick the days they can attend.

Please email all the dates you will be registering your child for in advance.

The same UTR criteria will be used for placement.

Registration for any classes must be at least 48 hours prior to class start. Registration cancellations must be made at least 48 hours prior to class start to avoid a class fee.

#### **HIGH PERFORMANCE ACADEMY #1**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 4:00pm Tim/Conner

Friday • 10:00am Kevin L/Conner

Tuesday • 4:00pm Ryan/Jake

#### **HIGH PERFORMANCE ACADEMY #2**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 9:30am Tim/Jake

Thursday • 4:00pm Ryan/Conner

| <b>High Performance Academy</b> (Early Registration Pricing) |                      |
|--|----------------------|
|  | WAC Advantage Member |
| Mon   Tue<br>Thu   Fri                                       | \$46.00 per class    |

#### **HIGH PERFORMANCE ACADEMY #3**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 5:30pm Tim/Jack

#### **HP Academy Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
- All classes with 2 or fewer registrants will be canceled after the first week of the session.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.

Must be a WAC Advantage Member and Pro-Approved
Registration begins Monday, May 5 at 12pm
Email thartwick@thewac.com to register for all High Performance Classes.
Any questions on High Performance Academy classes can be
directed to Tim Hartwick, thartwick@thewac.com.





# STARTER SUMMER TENNIS SESSION 2

JULY 21 - AUGUST 23, 2025

If your child needs a tennis racquet, we will provide and size them to the proper racquet to borrow. We do have 21 and 23 inch racquets available for \$15, these are size appropriate for ages 4-7.

#### **Junior Program Policies:**

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- Waitlist Procedure Any open spots to be filled by a waitlist participant will be contacted up until the end of the first week of class.

#### **RED BALL I** | Ages 5-7 (50-minute class)

**Class Options:** 

Tuesday • 11:05am Jeff Thursday • 5:05pm Jeff

Wednesday • 10:05am Conner

#### RED BALL II | Ages 5-7 (50-minute class)

**Class Options:** 

Tuesday • 11:05am Conner Wednesday • 10:05am Kevin L

Tuesday • 4:05pm Jeff Thursday • 5:05pm Turner

| Red Ball I, II, III (Early Registration Pricing) |                         |                                   |
|--|-------------------------|-----------------------------------|
|  | WAC Advantage<br>Member | WAC Fitness Member/<br>Non-Member |
| ue   Wed<br>Thu                                  | \$100.00                | \$100.00                          |
| Late Registration Pricing (after 7/7/25)         |                         |                                   |
| ue   Wed<br>Thu                                  | \$112.50                | \$112.50                          |

#### **RED BALL III | Ages 6-8** (50-minute class)

**Class Options:** 

Wednesday • 1:05pm Kevin L

#### ORANGE BALL INTRO | Ages 8-10 (60-minute class)

**Class Options:** 

Tuesday • 12:00pm Jeff Thursday • 3:30pm Conner

| Orange Ball Intro (Early Registration Pricing) |   |          |
|--|---|----------|
|  | WAC Advantage WAC Fitness Member Non-Member |          |
| Tue   Thu                                      | \$120.00                                    | \$120.00 |
| Late Registration Pricing (after 7/7/25)       |   |          |
| Tue   Thu                                      | \$132.50                                    | \$132.50 |

#### GREEN BALL INTRO | Ages 10-12 (60-minute class)

Class Options:

Thursday • 4:00pm Turner

#### YELLOW BALL INTRO | Ages 12-14 (60-minute class)

**Class Options:** 

Monday • 1:00pm Conner Tuesday • 1:00pm Jeff

|  | <b>Green &amp; Yellow Ball</b> (Early Registration Pri |                                   |
|--|--|-----------------------------------|
|  | WAC Advantage<br>Member                                | WAC Fitness Member/<br>Non-Member |
| Mon Tue<br>Wed Thu<br>Fri                | \$120.00   | \$150.00                          |
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#### **REGISTRATION BEGINS**

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#### **REGISTRATION BEGINS**

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Intermediate classes are only available to WAC Advantage Members

# INTERMEDIATE SUMMER TENNIS SESSION 2

JULY 21 - AUGUST 23, 2025

**ORANGE BALL I | Ages 8-10** (60-minute class)

Class Options:

Tuesday • 5:00pm Jeff

ORANGE BALL II | Ages 8-10 (60-minute class)

**Class Options:** 

Tuesday • 5:00pm Mano Wednesday • 3:00pm Kevin

GREEN BALL | Ages 9-11 (60-minute class)

**Class Options:** 

Tuesday • 5:00pm Alex

YELLOW BALL | Ages 10-14 (60-minute class)

**Class Options:** 

Monday • 1:00pm Jake Tuesday • 4:00pm Mano

Tuesday • 1:00pm Mano

| Orange Ball I & II, Green Ball, and Yellow Ball<br>(Early Registration Pricing) |  |  |
|---|--|--|
| WAC Advantage Member  |  |  |
| Mon   Tue<br>Wed   Thu  | \$120.00                                 |  |
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# ADVANCED SUMMER TENNIS SESSION 2

JULY 21 - AUGUST 23, 2025

**COMPETITION I | Ages 12-14** (90-minute class)

**Class Options:** 

Tuesday • 1:00pm Chris Thursday • 2:30pm Mano

**COMPETITION II | Ages 12-16** (90-minute class)

Class Options:

Monday • 3:30pm Jake Thursday • 1:30pm Jack

| Competition I, II, High School Groups (Early Registration Pricing) |                      |
|--|----------------------|
|  | WAC Advantage Member |
| Mon Tue<br>Wed Thu   | \$180.00             |
| Late Registration Pricing (after 7/7/25)                           |                      |
| Mon Tue<br>Wed Thu   | \$192.50             |

#### **GIRLS HIGH SCHOOL 1**

(90-minute class) Previously JV

**Class Options:** 

Tuesday • 2:30pm Conner

#### **GIRLS HIGH SCHOOL 2**

(90-minute class) **Previously V** 

**Class Options:** 

Wednesday • 3:00pm Jack Thursday • 1:00pm Alex

#### **Junior Program Policies:**

- Juniors may join the session classes after the start date, but may not be refunded for leaving the session prior to completion.
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#### REGISTRATION BEGINS

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directed to Tim Hartwick, thartwick@thewac.com.



### JULY 21 - AUGUST 23, 2025

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Please email all the dates you will be registering your child for in advance. The same UTR criteria will be used for placement.

Registration for any classes must be at least 48 hours prior to class start. Registration cancellations must be made at least 48 hours prior to class start to avoid a class fee.

#### HIGH PERFORMANCE ORANGE BALL

Class Options: (60-minute class)
Tuesday • 4:00pm Jack/Conner

#### HIGH PERFORMANCE GREEN BALL

Class Options: (90-minute class)
Wednesday • 4:30pm Jack/Kevin L

#### HIGH PERFORMANCE YELLOW BALL

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 4:00pm Jack

| High Performance Orange, Green and Yellow Ball (Early Registration Pricing) |                   |
|---|-------------------|
| WAC Advantage Member  |                   |
| Mon   | \$46.00 per class |
| Tue   | \$24.00 per class |
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#### **HP Progression Program Policies:**

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Any questions on High Performance Progression classes can be directed to Jack Watermolen, jwatermolen@thewac.com.



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In order to work around your busy summer schedules, participants in High Performance Progression and above can register for classes throughout the entire length of the summer and pick the days they can attend.

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#### **HIGH PERFORMANCE ACADEMY #1**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 4:00pm Tim/Conner Friday • 10:00am Kevin L/Conner

Tuesday • 4:00pm Ryan/Jake

#### **HIGH PERFORMANCE ACADEMY #2**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 9:30am Tim/Jake Thursday • 4:00pm Ryan/Conner

| <b>High Performance Academy</b><br>(Early Registration Pricing) |                      |
|---|----------------------|
|   | WAC Advantage Member |
| Mon   Tue<br>Thu   Fri  | \$46.00 per class    |

#### **HIGH PERFORMANCE ACADEMY #3**

Class Options: (90-minutes on court plus 30-minute fitness class)

Monday • 5:30pm Tim/Jack

#### **HP Academy Program Policies:**

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