

SPRING SESSION 2026

# JUNIOR TENNIS



**Wisconsin Athletic Club**  
LAKE COUNTRY

# JUNIOR TENNIS NOTES

## Registering for Junior Tennis

Mark your calendars for registration opening at noon. Advantage members can register a week before fitness/non-members. If you want a higher chance of getting a spot, please call the club before the date of registration to become a member. This will help registration go as smoothly as possible on the day of. Registration can be done online, in person, or by calling the Front Desk.

**High Performance Progression (HP Yellow, HP Green, and HP Orange)** registration must be emailed to Jack at [jwatermolen@thewac.com](mailto:jwatermolen@thewac.com)

**High Performance Academy and Doubles Registration** must be emailed to Tim Hartwick at [thartwick@thewac.com](mailto:thartwick@thewac.com)

If you have any questions, please call the Front Desk.

## Tennis Viewing Gallery at Lake Country

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

## Check email for class recommendations

Before registration for the next session opens, our certified professionals send out a report card to the email linked to your child's account with a class recommendation for the following session. If you're not sure what email is linked to your child's account, the front desk will know!

***Next report cards set to go out on March 9.***

## SPRING SESSION INFO:

**April 6 - June 7** (No classes May 23-25)

**High Performance registration opens:**  
March 13 • 12pm

**Advantage member registration opens:**  
March 16 • 12pm

**Fitness member/non-member registration opens:**  
March 23 • 12pm

## Students might be in a class for more than one session

Tennis progression is unique for each player. For most players, it is beneficial to stay in the same class for multiple sessions. If you're ever curious about what your player needs to develop in order to reach the next level, their coach can help clarify that.

## USTA Tournaments

Introduction tournaments, level 7 tournaments, and 10U Green Ball tournaments, are a great way for your player to start competing in real matches. **Please note your player should have the ability to hit serves, returns, and be able to keep a rally going prior to registering for their first tournament.**

## SATURDAY, MAY 9

Green Ball: WAC Lake Country Spring Open  
10U Coed Singles

If you haven't used USTA before, go to [usta.com](http://usta.com) and click the "join" button to get started! From there the USTA will direct you on making a parent account. If you have any questions related to how to register for our USTA tournaments or navigating the USTA website to find our tournaments contact Conner at [cannis@thewac.com](mailto:cannis@thewac.com) and he'll be happy to assist you and your player.

## Junior Program Policies:

- Juniors may join the session classes after the start date, but will not be refunded for leaving the session prior to completion.
- For Starter classes, Juniors may join the class session up to 2 weeks after the start date.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure - Waitlisted participants will be contacted only if a spot becomes available in the tennis class.
- If you do not receive a notification, it means a spot did not open up.

## SUMMER SESSION INFO:

***There will only be 1 session this summer.***

**June 15 - August 21** (No classes July 4)

**High Performance registration opens:**  
May 11 • 12pm

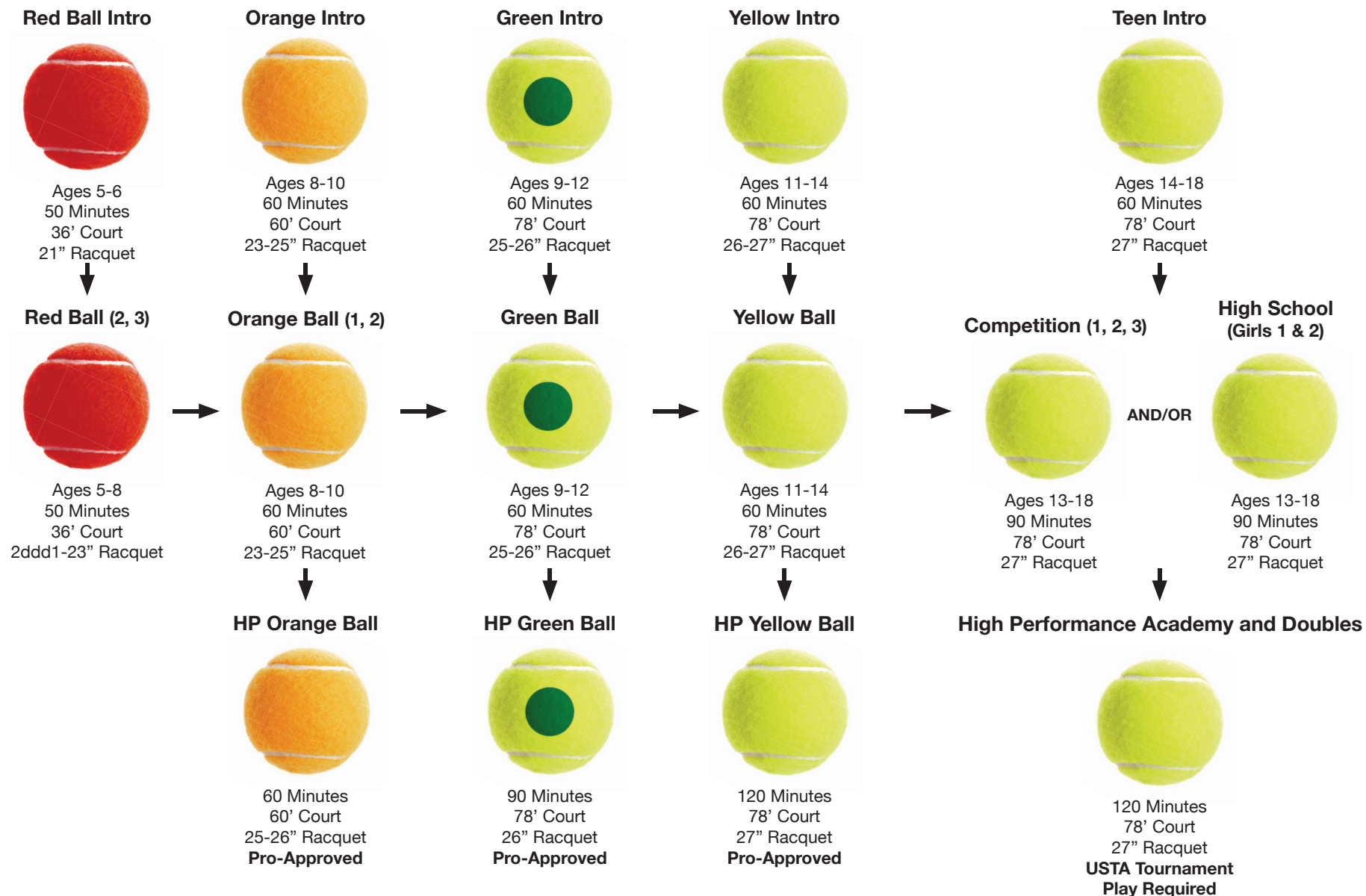
**Advantage member registration opens:**  
May 11 • 12pm

**Fitness member/non-member registration opens:**  
May 18 • 12pm

# JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.

**Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.**



# JUNIOR TENNIS LEVELS

*All Classes Require Coach Recommendation to Advance*

## **Red Ball Intro | Ages 5-6**

## **Orange Ball Intro | Ages 8-10**

## **Green Ball Intro | Ages 9-12**

## **Yellow Ball Intro | Ages 11-14**

## **Teen Intro | Ages 14-18**

These classes are for students with little to no experience. They will start to learn forehand and backhand groundstrokes, volleys, and serves in some of these classes.

## **Red Ball 2 | Ages 5-8**

At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced.

## **Red Ball 3 | Ages 5-8**

This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 3, they should be able to hit topspin groundstrokes in the short court.

## **Orange Ball 1 | Ages 8-10**

This class uses the blue 60ft USTA recommended lines. While in this class, players are learning stroke production and starting to receive balls from other players to improve their ability to rally.

## **Orange Ball 2 | Ages 8-10**

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full points with self feeds and by serving. Serving may not be consistent yet.

## **Green Ball | Ages 9-12**

This class uses the full court and Green Dot balls that have a 25% reduced bounce. Players have experience and are building consistency in fundamentals, including topspin groundstrokes, continental grip for serves, and volleys as doubles play becomes more prominent

## **Yellow Ball | Ages 11-14**

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

## **Competition 1 | Ages 13-18**

This class should be able to play with topspin and working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience doing so.

## **Competition 2 | Ages 13-18**

This class can play with topspin and is working on using some backspin during point play. Flat and spin serves with proper grips are becoming more consistent. This player should have some match play experience.

## **Competition 3 | Ages 13-18**

Players in this class can use topspin and backspin during point play. Flat and spin serves should be consistent. This class will spend more time going over strategy and shot utilization. Players in this group are more consistently playing in matches.

## **Girls High School 1 | Ages 13-18**

This class focuses on reinforcing the fundamentals of groundstrokes, volleys, and serves during live rallies to give players the most consistent skills for matches.

## **Girls High School 2 | Ages 13-18**

This group has shown to have consistent fundamentals for their groundstrokes, volley and serves. This group is now working on improving their power, strategy, placement, and specialty shots.

# STARTER SPRING TENNIS

APRIL 6 - JUNE 7, 2026

NO CLASS MAY 23-25

For Starter classes, Juniors may join the class session up to 2 weeks after the start date.

## RED BALL INTRO | Ages 5-6 (50-minute class)

Class Options:

Tuesday • 4:05pm Jeff      Friday • 4:05pm Turner  
Wednesday • 5:05pm Alex      Saturday • 9:05am Jeff

## RED BALL 2 | Ages 5-8 (50-minute class)

Class Options:

Tuesday • 4:05pm Conner      Friday • 5:05pm Turner  
Wednesday • 5:05pm Jeff      Saturday • 9:05am Turner

## RED BALL 3 | Ages 5-8 (50-minute class)

Class Options:

Wednesday • 4:05pm Jeff      Saturday • 10:05am Turner  
Friday • 4:05pm Kevin L

Red Ball Intro, Red Ball 2, Red Ball 3		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Wed Fri	\$198.00	\$198.00
Sat	\$176.00	\$176.00

## ORANGE BALL INTRO | Ages 8-10 (60-minute class)

Class Options:

Thursday • 4:30pm Conner      Friday • 5:00pm Kevin L

## GREEN BALL INTRO | Ages 9-12 (60-minute class)

Class Options:

Tuesday • 6:00pm Jeff      Sunday • 11:30am Mano

## YELLOW BALL INTRO | Ages 11-14 (60-minute class)

Class Options:

Tuesday • 5:00pm Jeff      Sunday • 2:00pm Conner  
Saturday • 1:00pm Jeff

## TEEN INTRO | Ages 14-18 (60-minute class)

Class Options:

Saturday • 2:00pm Jeff

Orange Ball Intro, Green Ball Intro, Yellow Ball Intro, Teen Intro		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue   Thu Fri	\$234.00	\$288.00
Sat   Sun	\$208.00	\$256.00

### REGISTRATION BEGINS

WAC Advantage Members • March 16 at 12pm

WAC Fitness Members and Non-Members • March 23 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).

### REGISTRATION BEGINS

WAC Advantage Members • March 16 at 12pm

WAC Fitness Members and Non-Members • March 23 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).



*Intermediate classes are only available to WAC Advantage Members*

# INTERMEDIATE SPRING TENNIS

**APRIL 6 - JUNE 7, 2026**

**NO CLASS MAY 23-25**

**ORANGE BALL 1 | Ages 8-10 (60-minute class)**

Class Options:

Wednesday • 6:00pm Jeff  
Thursday • 5:00pm Turner

Saturday • 11:00am Jeff  
Sunday • 10:30am Mano

**ORANGE BALL 2 | Ages 8-10 (60-minute class)**

Class Options:

Monday • 4:00pm Kevin L  
Thursday • 4:00pm Kevin L/Turner

Saturday • 9:00am Mano/Joe

**GREEN BALL | Ages 9-12 (60-minute class)**

Class Options:

Thursday • 6:00pm Kevin L/Turner  
Saturday • 1:00pm Turner

Sunday • 10:00am Kevin M

**YELLOW BALL | Ages 11-14 (60-minute class)**

Class Options:

Monday • 6:00pm Mano/Turner  
Thursday • 5:00pm Chris

Saturday • 2:00pm Derek  
Sunday • 11:00am Alex

Orange Ball 1, Orange Ball 2, Green Ball, Yellow Ball	
	WAC Advantage Member
Mon   Sat   Sun	\$208.00
Wed   Thu	\$234.00

**REGISTRATION BEGINS**

WAC Advantage Members • March 16 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Intermediate Classes can be directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).



*Advanced classes are only available to WAC Advantage Members*

# ADVANCED SPRING TENNIS

**APRIL 6 - JUNE 7, 2026**

**NO CLASS MAY 23-25**

## **COMPETITION 1** | *Ages 13-18 (90-minute class)*

Class Options:

Tuesday • 4:00pm Chris

Sunday • 12:30pm Kevin M

## **COMPETITION 2** | *Ages 13-18 (90-minute class)*

Class Options:

Wednesday • 5:00pm Mano/Joel

Sunday • 12:30pm Alex/Conner

Saturday • 1:00pm Mano

## **COMPETITION 3** | *Ages 13-18 (90-minute class)*

Class Options:

Monday • 6:00pm Conner/Derek

Sunday • 2:00pm Mano

## **GIRLS HIGH SCHOOL 1** *(90-minute class)*

Class Options:

Tuesday • 5:00pm Jack

Saturday • 8:30am Derek

Friday • 4:00pm Joe

Saturday • 11:30am Turner/Frank

## **GIRLS HIGH SCHOOL 2** *(90-minute class)*

Class Options:

Thursday • 3:30pm Chris/Mano

Saturday • 11:30am Mano/Joel

Competition Groups, High School Groups	
	WAC Advantage Member
Mon   Thu Sat   Sun	\$312.00
Tue   Wed   Fri	\$351.00

## REGISTRATION BEGINS

WAC Advantage Members • March 16 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Advanced Classes can be directed to Tim Hartwick, [thartwick@thewac.com](mailto:thartwick@thewac.com).

**SPRING SESSION 2026**



**For more information contact:**  
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