

SUMMER SESSION 2026

# JUNIOR TENNIS



**Wisconsin Athletic Club**  
LAKE COUNTRY

# JUNIOR TENNIS NOTES

## Registering for Junior Tennis

Mark your calendars for registration opening at noon. Advantage members can register a week before fitness/non-members. If you want a higher chance of getting a spot, please call the club before the date of registration to become a member. This will help registration go as smoothly as possible on the day of. Registration can be done online, in person, or by calling the Front Desk.

**High Performance Progression (HP Yellow, HP Green, and HP Orange)** registration must be emailed to Jack at [jwatermolen@thewac.com](mailto:jwatermolen@thewac.com)

**High Performance Academy and Doubles Registration** must be emailed to Joe Kim at [jkim@thewac.com](mailto:jkim@thewac.com)

If you have any questions, please call the Front Desk.

## Tennis Viewing Gallery at Lake Country

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

## Check email for class recommendations

Before registration for the next session opens, our certified professionals send out a report card to the email linked to your child's account with a class recommendation for the following session. If you're not sure what email is linked to your child's account, the front desk will know!

***Next report cards set to go out on May 4.***

## Students might be in a class for more than one session

Tennis progression is unique for each player. For most players, it is beneficial to stay in the same class for multiple sessions. If you're ever curious about what your player needs to develop in order to reach the next level, their coach can help clarify that.

## USTA Tournaments

Introduction tournaments, level 7 tournaments, and 10U Green Ball tournaments, are a great way for your player to start competing in real matches. **Please note your player should have the ability to hit serves, returns, and be able to keep a rally going prior to registering for their first tournament.**

**June 27 | Level 7: June Single Day Showdown | BG 12-18**

**July 11 | Green Ball: Summer Open | 10U Coed Singles**

**July 25 | Level 7: July Single Day Showdown | BG 12-18**

If you haven't used USTA before, go to [usta.com](http://usta.com) and click the "join" button to get started! From there the USTA will direct you on making a parent account. If you have any questions related to how to register for our USTA tournaments or navigating the USTA website to find our tournaments contact Conner at [cannis@thewac.com](mailto:cannis@thewac.com) and he'll be happy to assist you and your player.

## Junior Program Policies:

- Juniors may join the session classes after the start date, but will not be refunded for leaving the session prior to completion.
- For Starter classes, Juniors may join the class session up to 2 weeks after the start date.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure - Waitlisted participants will be contacted only if a spot becomes available in the tennis class.

If you do not receive a notification, it means a spot did not open up.

## SUMMER SESSION INFO:

**June 15 - August 21**

**High Performance registration opens:**

May 11 • 12pm

**Advantage member registration opens:**

May 11 • 12pm

**Fitness member/non-member registration opens:**

May 18 • 12pm

## FALL SESSION 1 INFO:

**August 31 - November 1** (No classes September 5-7)

**High Performance registration opens:**

August 10 • 12pm

**Advantage member registration opens:**

August 10 • 12pm

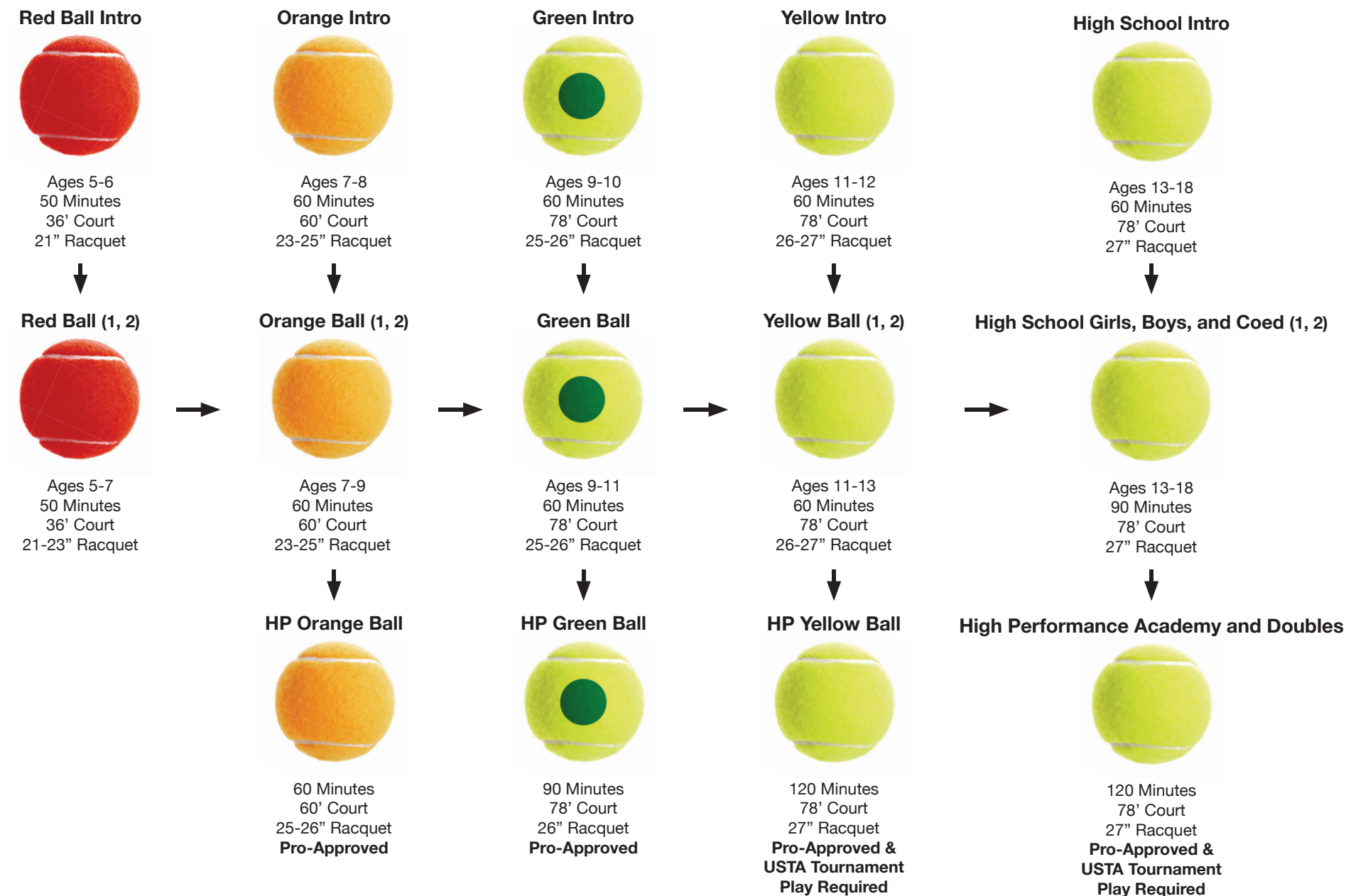
**Fitness member/non-member registration opens:**

August 17 • 12pm

# JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.

**Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.**



# JUNIOR TENNIS LEVELS

*All Classes Require Coach Recommendation to Advance*

## **Red Ball Intro | Ages 5-6**

## **Orange Ball Intro | Ages 7-8**

## **Green Ball Intro | Ages 9-10**

## **Yellow Ball Intro | Ages 11-12**

## **High School Intro | Ages 13-18**

These classes are for students with little to no experience. They will start to learn forehand and backhand groundstrokes, volleys, and serves in these classes. Fun and active games will be used to promote the skills practiced.

## **Red Ball 1 | Ages 5-7**

At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced.

## **Red Ball 2 | Ages 5-7**

This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 2, they should be able to hit topspin groundstrokes in the short court.

## **Orange Ball 1 | Ages 7-9**

This class uses the blue 60ft USTA recommended lines. While in this class, players are learning stroke production and starting to receive balls from other players to improve their ability to rally.

## **Orange Ball 2 | Ages 7-9**

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full points with self feeds and by serving. Serving may not be consistent yet.

## **Green Ball | Ages 9-11**

This class uses the full court and Green Dot balls that have a 25% reduced bounce. Players have experience and are building consistency in fundamentals, including topspin groundstrokes, continental grip for serves, and volleys as doubles play becomes more prominent

## **Yellow Ball 1 | Ages 11-13**

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

## **Yellow Ball 2 | Ages 11-13**

This class should be able to play with topspin and is working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience of doing so.

## **High School Girls, Boys, and Coed 1 | Ages 13-18**

This class reinforces the fundamentals of groundstrokes, volleys, and serves through live rallies to build consistency for matches. Players can use topspin and are developing backspin during point play. Flat and spin serves with proper grips are becoming more consistent, and players should have some match play experience.

## **High School Girls, Boys, and Coed 2 | Ages 13-18**

Players in this group demonstrate consistent fundamentals in groundstrokes, volleys, and serves. Training focuses on increasing power, improving strategy and placement, and developing specialty shots. Players can apply topspin and backspin in point play and maintain consistent flat and spin serves. Greater emphasis is placed on match strategy and shot selection. Players at this level more regularly participate in matches.

## **High Performance Orange and Green Ball**

The High Performance Progression program is designed specifically for junior tennis players in the Youth Progression pathway (Orange, Green, and Yellow Ball) who have the skills necessary to begin training for competitive play.



# STARTER SUMMER TENNIS

## JUNE 15 - AUGUST 21, 2026

For Starter classes, Juniors may join the class session up to 2 weeks after the start date.

### RED BALL INTRO | Ages 5-6 (50-minute class)

Class Options:

Monday • 11:05am Alex

Wednesday • 10:05am Conner

Tuesday • 5:05pm Cole

Thursday • 5:05pm Jeff

### RED BALL 1 | Ages 5-7 (50-minute class)

*Formerly Red Ball 2*

Class Options:

Tuesday • 5:05pm Jeff

Thursday • 5:05pm Conner

Wednesday • 10:05am Lexie

| Red Ball Intro, Red Ball 1, Red Ball 2 |                      |                                |
|----------------------------------------|----------------------|--------------------------------|
|                                        | WAC Advantage Member | WAC Fitness Member/ Non-Member |
| Mon   Tue<br>Wed   Thu                 | \$176.00             | \$240.00                       |

### RED BALL 2 | Ages 5-7 (50-minute class)

*Formerly Red Ball 3*

Class Options:

Tuesday • 10:35am Turner

Thursday • 4:05pm Jeff

| Green Ball Intro, Yellow Ball Intro, Orange Ball Intro, High School Intro |                      |                                |
|---------------------------------------------------------------------------|----------------------|--------------------------------|
|                                                                           | WAC Advantage Member | WAC Fitness Member/ Non-Member |
| Tue   Wed<br>Thu                                                          | \$208.00             | \$272.00                       |

### GREEN BALL INTRO | Ages 9-10 (60-minute class)

Class Options:

Wednesday • 11:00am Lexie

Thursday • 4:00pm Lexie

### HIGH SCHOOL INTRO | Ages 13-18 (60-minute class)

*Formerly Teen Intro*

Class Options:

Thursday • 3:00pm Jeff

## REGISTRATION BEGINS

WAC Advantage Members • May 11 at 12pm

WAC Fitness Members and Non-Members • May 18 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Starter Classes can be directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).



*Intermediate classes are only available to WAC Advantage Members*

# INTERMEDIATE SUMMER TENNIS

**JUNE 15 - AUGUST 21, 2026**

## **ORANGE BALL 1** | *Ages 7-9 (60-minute class)*

Class Options:

Tuesday • 4:00pm Jeff/Cole

Thursday • 2:00pm Jeff

Wednesdays • 5:00pm Chris

## **ORANGE BALL 2** | *Ages 7-9 (60-minute class)*

Class Options:

Wednesday • 9:30am Jack

## **GREEN BALL** | *Ages 9-11 (60-minute class)*

Class Options:

Monday • 10:30am Dan

Wednesday • 4:00pm Dan

Tuesday • 5:00pm Alex

## **YELLOW BALL 1** | *Ages 11-13 (60-minute class)*

*Formerly Yellow Ball*

Class Options:

Monday • 1:00pm Alex/Dan

Wednesday • 6:00pm Dan/Kevin M

Tuesday • 1:00pm Steph

Thursday • 10:00am Chris

## **YELLOW BALL 2** | *Ages 11-13 (90-minute class)*

Class Options:

Tuesday • 4:30pm Chris

| Orange Ball 1, Orange Ball 2,<br>Green Ball, Yellow Ball 1 |                      |
|------------------------------------------------------------|----------------------|
|                                                            | WAC Advantage Member |
| Mon   Tue<br>Wed   Thu                                     | \$208.00             |

| Yellow Ball 2 |                      |
|---------------|----------------------|
|               | WAC Advantage Member |
| Tue           | \$312.00             |

## REGISTRATION BEGINS

WAC Advantage Members • May 11 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Intermediate Classes can be  
directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).



*High School classes are only available to WAC Advantage Members*

# HIGH SCHOOL SUMMER TENNIS

**JUNE 15 - AUGUST 21, 2026**

## **COED HIGH SCHOOL 1** *(90-minute class)*

Class Options:

Thursday • 5:30pm Lexie

## **COED HIGH SCHOOL 2** *(90-minute class)*

Class Options:

Monday • 3:30pm Conner/Steph

## **GIRLS HIGH SCHOOL 1** *(90-minute class)*

Class Options:

Monday • 6:00pm Derek

Tuesday • 1:00pm Conner/Lexie

## **GIRLS HIGH SCHOOL 2** *(90-minute class)*

Class Options:

Wednesday • 9:00am Dan

Thursday • 1:00pm Lexie

| High School Groups     |                      |
|------------------------|----------------------|
|                        | WAC Advantage Member |
| Mon   Tue<br>Wed   Thu | \$312.00             |

## **BOYS HIGH SCHOOL 1** *(90-minute class)*

Class Options:

Wednesday • 4:30pm Kevin M

## **BOYS HIGH SCHOOL 2** *(90-minute class)*

Class Options:

Monday • 4:30pm Alex/Derek

## **REGISTRATION BEGINS**

**WAC Advantage Members • May 11 at 12pm**

**Register at the Front Desk, online or via the WAC Tennis app.**

Any questions on High School Classes can be directed to Conner Annis, [cannis@thewac.com](mailto:cannis@thewac.com).



*Pro approval is required for HP Progression classes*

# HP PROGRESSION SUMMER TENNIS

**JUNE 15 - AUGUST 21, 2026**

## **HIGH PERFORMANCE ORANGE BALL |** *(90-minute class)*

Class Options:

Monday • 10:30am Jack

Tuesday • 4:00pm Tim

Wednesday • 10:30am Joe

Thursdays • 4:00pm Jack

| HP Orange Ball, HP Green Ball |                      |
|-------------------------------|----------------------|
|                               | WAC Advantage Member |
| Mon   Tue<br>Wed   Thu        | \$39.00 per class    |

## **HIGH PERFORMANCE GREEN BALL |** *(90-minute class)*

Class Options:

Monday • 10:30am Joe

Tuesday • 4:00pm Jack

Wednesday • 10:30am Jack

Thursdays • 4:00pm Jack

## **REGISTRATION BEGINS**

**WAC Advantage Members • May 11 at 12pm**

**Register for HP Progressions Classes by emailing Jack at [jwatermolen@thewac.com](mailto:jwatermolen@thewac.com)**

Any question on HP Progression Classes can also  
be directed to Jack Watermolen, [jwatermolen@thewac.com](mailto:jwatermolen@thewac.com).



SUMMER SESSION 2026

For more information contact:  
Conner Annis at [cannis@thewac.com](mailto:cannis@thewac.com)

**WWW.THEWAC.COM**

**560 S INDUSTRIAL DR • 262.367.4999**