

WINTER SESSION 2026

JUNIOR TENNIS



Wisconsin Athletic Club
LAKE COUNTRY

JUNIOR TENNIS NOTES

Tennis Viewing Gallery at Lake Country

Parents, guests, friends and family are welcome to watch your child's tennis lessons in our wonderful Tennis Viewing Gallery. If you are dropping off your child, they can wait at the high tables overlooking the frontside tennis courts and the Certified Professional Tennis Staff will bring your child down to the courts and bring them up when the class is done. As your child becomes comfortable with their surroundings, they may go down to their court at the designated time of the class. We also ask that your child sits at the high tables when class is over while waiting to be picked up. This is to ensure your child's safety, provide consistency for both parents and children, and create a positive experience for everyone.

Check email for class recommendations

Before registration for the next session opens, our certified professionals send out a report card to the email linked to your child's account with a class recommendation for the following session. If you're not sure what email is linked to your child's account, the front desk will know!

Next report cards set to go out on December 8.

Students might be in a class for more than one session

Tennis progression is unique for each player. For most players, it is beneficial to stay in the same class for multiple sessions. If you're ever curious about what your player needs to develop in order to reach the next level, their coach can help clarify that.

USTA Tournaments

Introduction tournaments, level 7 tournaments, and 10U Green Ball tournaments, are a great way for your player to start competing in real matches. At the WAC we host one level 7 and two 10U Green Ball tournaments during the winter session.

Please note your player should have the ability to hit serves, returns, and be able to keep a rally going prior to registering for their first tournament.

January 17 | Green Ball: WAC Lake Country New Year Open | 10U Coed Singles

March 7 | Green Ball: WAC Lake Country Winter Open | 10U Coed Singles

March 28 | WAC Lake Country Spring Break Open | BG 12-18 Singles

If you haven't used USTA before, go to usta.com and click the "join" button to get started! From there the USTA will direct you on making a parent account. If you have any questions related to how to register for our USTA tournaments or navigating the USTA website to find our tournaments contact Conner at cannis@thewac.com and he'll be happy to assist you and your player.

Junior Program Policies:

- Juniors may join the session classes after the start date, but will not be refunded for leaving the session prior to completion.
- For Starter classes, Juniors may join the class session up to 2 weeks after the start date.
- All classes with zero or one registrants will be canceled. Updated class lists will be available online.
- In order to properly staff our programs, we will not issue refunds or make-ups for missed classes.
- Waitlist Procedure - Waitlisted participants will be contacted only if a spot becomes available in the tennis class. If you do not receive a notification, it means a spot did not open up.

UPCOMING SPRING SESSION INFO:

April 6 - June 7 (Off May 23-25)

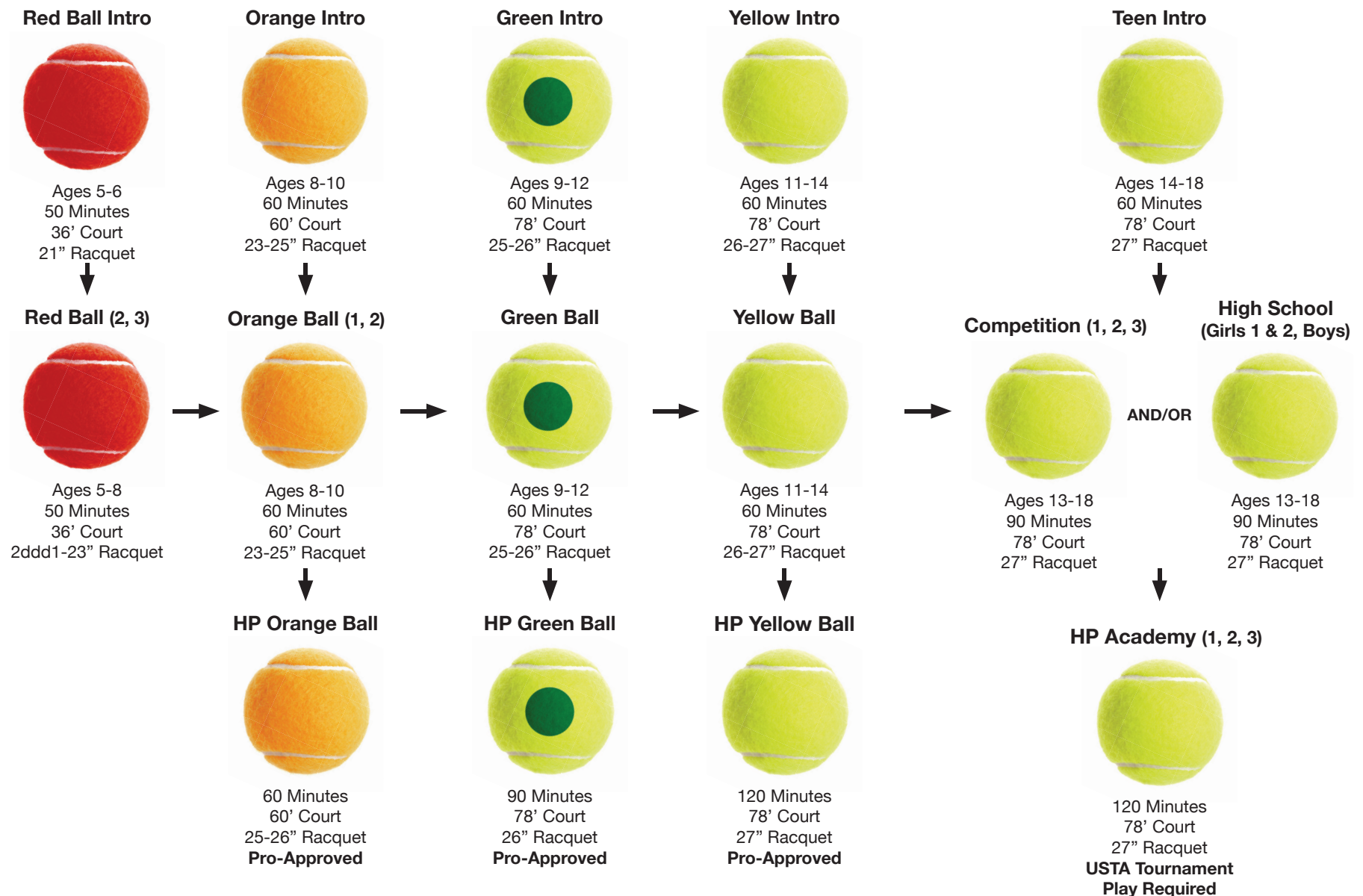
Advantage member registration: March 16 • 12pm

Fitness member/non-member registration: March 23 • 12pm

JUNIOR TENNIS PROGRESSION

The Wisconsin Athletic Club designs its classes as a natural progression based on age and ability level. By structuring classes in this way, parents (with the help of instructors) can easily see not only the class their child currently belongs in, but also the class they will most likely be moving to in the future.

Note: This track is a general guideline, not an absolute pathway. Each student's development will be different.



JUNIOR TENNIS LEVELS

All Classes Require Coach Recommendation to Advance

Red Ball Intro | Ages 5-6

Orange Ball Intro | Ages 8-10

Green Ball Intro | Ages 9-12

Yellow Ball Intro | Ages 11-14

Teen Intro | Ages 14-18

These classes are for students with little to no experience. They will start to learn forehand and backhand groundstrokes, volleys, and serves in some of these classes.

Red Ball 2 | Ages 5-8

At this point players should be able to hit groundstrokes, volleys, and know ready position. In this class serves are being introduced.

Red Ball 3 | Ages 5-8

This group is for players who have demonstrated that they can start to rally together and begin to perform an overhead serve. By the end of a player's time in Red Ball 3, they should be able to hit topspin groundstrokes in the short court.

Orange Ball 1 | Ages 8-10

This class uses the blue 60ft USTA recommended lines. While in this class, players are learning stroke production and starting to receive balls from other players to improve their ability to rally.

Orange Ball 2 | Ages 8-10

This class can consistently hit groundstrokes on the move. They can rally and are working on playing out full points with self feeds and by serving. Serving may not be consistent yet.

Green Ball | Ages 9-12

This class uses the full court and Green Dot balls that have a 25% reduced bounce. Players have experience and are building consistency in fundamentals, including topspin groundstrokes, continental grip for serves, and volleys as doubles play becomes more prominent

Yellow Ball | Ages 11-14

This class should have experience and is hitting topspin consistently while being fed balls. During rallies, the topspin becomes a little less consistent. Proper grips should be used on all shots.

Competition 1 | Ages 13-18

This class should be able to play with topspin and working towards having a consistent flat and spin serve. This player should have the ability to play a match but may not have the experience doing so.

Competition 2 | Ages 13-18

This class can play with topspin and is working on using some backspin during point play. Flat and spin serves with proper grips are becoming more consistent. This player should have some match play experience.

Competition 3 | Ages 13-18

Players in this class can use topspin and backspin during point play. Flat and spin serves should be consistent. This class will spend more time going over strategy and shot utilization. Players in this group are more consistently playing in matches.

Girls High School 1 | Ages 13-18

This class focuses on reinforcing the fundamentals of groundstrokes, volleys, and serves during live rallies to give players the most consistent skills for matches.

Girls High School 2 | Ages 13-18

This group has shown to have consistent fundamentals for their groundstrokes, volley and serves. This group is now working on improving their power, strategy, placement, and specialty shots.



STARTER WINTER TENNIS

JANUARY 2 - MARCH 27, 2026

For Starter classes, Juniors may join the class session up to 2 weeks after the start date.

RED BALL INTRO | *Ages 5-6 (50-minute class)*

Class Options:
Tuesday • 4:05pm Jeff Friday • 4:05pm Turner
Wednesday • 5:05pm Alex Saturday • 9:05am Jeff

RED BALL 2 | *Ages 5-8 (50-minute class)*

Class Options:
Tuesday • 4:05pm Conner Friday • 5:05pm Turner
Wednesday • 5:05pm Jeff Saturday • 9:05am Turner

RED BALL 3 | *Ages 5-8 (50-minute class)*

Class Options:
Wednesday • 4:05pm Jeff Saturday • 10:05am Turner
Friday • 4:05pm Kevin L

Red Ball Intro, Red Ball 2, Red Ball 3		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue Wed Sat	\$264.00	\$264.00
Fri	\$286.00	\$286.00

ORANGE BALL INTRO | *Ages 8-10 (60-minute class)*

Class Options:
Thursday • 4:30pm Conner Friday • 5:00pm Kevin L

GREEN BALL INTRO | *Ages 9-12 (60-minute class)*

Class Options:
Tuesday • 6:00pm Jeff Sunday • 11:30am Mano

YELLOW BALL INTRO | *Ages 11-14 (60-minute class)*

Class Options:
Tuesday • 5:00pm Jeff Sunday • 2:00pm Conner
Saturday • 1:00pm Jeff

TEEN INTRO | *Ages 14-18 (60-minute class)*

Class Options:
Saturday • 2:00pm Jeff

Orange Ball Intro, Green Ball Intro, Yellow Ball Intro, Teen Intro		
	WAC Advantage Member	WAC Fitness Member/ Non-Member
Tue Thu Sat Sun	\$312.00	\$384.00
Fri	\$338.00	\$416.00

REGISTRATION BEGINS

WAC Advantage Members • December 15 at 12pm
WAC Fitness Members and Non-Members • Monday, December 22 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Starter Classes can be directed to Conner Annis, cannis@thewac.com.

REGISTRATION BEGINS

WAC Advantage Members • Monday, December 15 at 12pm
WAC Fitness Members and Non-Members • Monday, December 22 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Starter Classes can be directed to Conner Annis, cannis@thewac.com.



Intermediate classes are only available to WAC Advantage Members

INTERMEDIATE WINTER TENNIS

JANUARY 2 - MARCH 27, 2026

ORANGE BALL 1 | Ages 8-10 (60-minute class)

Class Options:

Wednesday • 6:00pm Jeff Saturday • 11:00am Jeff
Thursday • 5:00pm Turner Sunday • 10:30am Mano

ORANGE BALL 2 | Ages 8-10 (60-minute class)

Class Options:

Monday • 4:00pm Kevin L Saturday • 9:00am Mano/Cole
Thursday • 4:00pm Kevin L/Turner

GREEN BALL | Ages 9-12 (60-minute class)

Class Options:

Thursday • 6:00pm Kevin L/Turner Sunday • 10:00am Kevin M
Saturday • 1:00pm Turner

YELLOW BALL | Ages 11-14 (60-minute class)

Class Options:

Monday • 6:00pm Mano/Turner Saturday • 2:00pm Derek
Thursday • 5:00pm Chris Sunday • 11:00am Alex

Orange Ball 1, Orange Ball 2, Green Ball, Yellow Ball	
	WAC Advantage Member
Mon Wed Thu Sat Sun	\$312.00

REGISTRATION BEGINS

WAC Advantage Members • Monday, December 15 at 12pm
Register at the Front Desk, online or via the WAC Tennis app.
Any questions on Intermediate Classes can be
directed to Conner Annis, cannis@thewac.com.



Advanced classes are only available to WAC Advantage Members

ADVANCED WINTER TENNIS

JANUARY 2 - MARCH 27, 2026

COMPETITION 1 | *Ages 13-18 (90-minute class)*

Class Options:

Tuesday • 4:00pm Chris

Sunday • 12:30pm Kevin M/Ryan

COMPETITION 2 | *Ages 13-18 (90-minute class)*

Class Options:

Wednesday • 5:00pm Mano/Cole

Sunday • 12:30pm Alex/Conner

Saturday • 1:00pm Mano

Competition Groups, High School Groups	
	WAC Advantage Member
Mon Tue Wed Thu Sat Sun	\$468.00
Fri	\$507.00

COMPETITION 3 | *Ages 13-18 (90-minute class)*

Class Options:

Monday • 6:00pm Conner/Derek

Sunday • 2:00pm Mano

GIRLS HIGH SCHOOL 1 *(90-minute class)*

Class Options:

Tuesday • 5:00pm Jack

Saturday • 8:30am Derek

Friday • 4:00pm Cole

Saturday • 11:30am Mano/Cole

GIRLS HIGH SCHOOL 2 *(90-minute class)*

Class Options:

Thursday • 3:30pm Chris/Mano

Saturday • 11:30am Turner/Frank

REGISTRATION BEGINS

WAC Advantage Members • Monday, December 15 at 12pm

Register at the Front Desk, online or via the WAC Tennis app.

Any questions on Advanced Classes can be
directed to Tim Hartwick, thartwick@thewac.com.



WINTER SESSION 2026

For more information contact:
Tim Hartwick at thartwick@thewac.com

WWW.THEWAC.COM

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